

Assignment:

Discuss your findings in chapter 9 and 10 a reflection on the material found in the book.

This paper gives a concise reflection of the materials found in College & Career Success 7th edition, this book gives vast insight about personality types, memory, time management, budgeting, working while attending college, study time required, how to become a millionaire, preparation for exams, taking a test, communication skills and many other vital techniques and benefactors.

The knowledge found within College & Career Success explains that through repetition and rehearsal information is transferred from the short term memory to the long term memory. The short term memory has a limited capacity and duration; whereas the long term memory has a higher capacity and duration. It's also found that various percentage of information gained during a lecture is forgotten within minutes after the information was received (E.g. an instance such as; after 20 minutes, 47 percent of the lecture is forgotten). Various personality types such as an Introvert, Extrovert, Thinking, Feeling, Judging, Perceptive, Sensing and Intuitive gives explanation to the many characteristics that a human being has; an Introvert focuses their energy on the world inside of themselves, while it's opposite Extravert focuses on the world outside of themselves. Life has its pro and cons at every level, but being steward of your time and money will help you in achieving your life goal to success, you must create a budget and follow it, keep track of your account balance, purchase only what you need and do not lend money to your friends. A key benefit is budget put you on the road becoming a millionaire by simply following a pattern of saving \$87 per month at age 22, then \$130 per month at age 26 and continue that path. Due to many reasons, student work part-time while attending college but for those that do or don't, its' found that students must study two (2) hours for every credit hour taken in college. We are all required to take a test to reveal the knowledge attained, but it's vital that a study schedule is prepared to follow as a study guideline, using the technique of SQ4R and studying in groups is helpful as well. Communication skills are important in various situations, such as a crisis in which you should let the person talk because it helps to clarify thinking. The knowledge of an individual personality type helps to better communicate with that person.

The above knowledge was found throughout the pages of College & Career Success textbook and it has exposed truths that are beneficial to career goals in the market place and ministry. The information attained from this book will be rewarding to those that understand and apply it.