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ATh 115 Success and Ministry

Assignment #5

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Discuss your findings in chapter 9 and 10 a reflection on the material found in the book.

Test Taking, some of the objectives are preparation, predicting test question, how to deal with test anxiety. In order to pass test, one must attend class and complete assignments. You must know how to study, schedule time and place to study. Study a little at a time, because cramming isn't a good way to retain material. It is good to use study groups and have each person in the group prepare question for the group. Make a visual picture of the material and use summary sheets to gather important ideals. Look for clue to predict questions that may be on the test make sure to check the course syllabus. Listen intently for repetition. Study all handouts ask question about material that may be on the test. If you cram make sure that you are selective identifying main points. Make sure that you get proper sleep and eat well balanced meals. Exercise is a good idea also to help you physically and mentally. Most people have some type of test anxiety and it is good to acknowledge it take deep breaths and relax.

Communication and Relationships, one must know their communicating method and if there are any problems with them communicating. To be a good communicator one must be a good listener. When you understand your personal communicating, method will help you understand others. When you understand that you will build good relationships. Chapter 10 talks about Introvert and Extravert types. When you understand which category, you are under that will help you also with relating to others. Extravert types are very social who are comfortably meeting others. They like communicating on the phone and can easily take over a conversation. Many times, they speak first before they think.

The Introvert is the exact opposite of extraverts. They are going to practice something before they say anything. They are focus on the task a hand and need quietness in order to center their attention on the thing that they are doing. They have the capacity to focus on projects for long periods of time. They are not prone to strike up conversation with others. They both can improve relationships by getting along with others.

Sensing types gather information more so seeing and hearing, they are realist and communicate fact. They are wanting exact details of something and will be precise in their questions. They talk about detailed situations.

Intuitive types are creative always looking for ways to make things meaningful especially with sensing types. Many think of them romanticizing about situations. They can converse from many different topics, it is like they are “shooting from the hip” so to speak. They believe in being flexible in their use of time.

There are your feeling and thinking types, feeling types make a lot of their decision on emotions and not thinking things through. Their feelings can be easily hurt and they also consider other people feelings.

The thinking type are more reasonable types and can be disconnected with things around them. They are systematic in their thinking and also unbiased. Thinking can be neutral, uninvolved, and even fair minded about things that are going on around them.

The Judging and Perceptive, the judging types want things around them to be arranged and in order. They want to strategize their planning and even organize their play time. Judging types plan to make sure nothing is forgotten.

Perceptive types are unplanned and unrehearsed people that will do things impulsively. They will keep their choices open because they find that it is hard to be flexible. The book lets us know that they prefer the easy and fun way.