

Five (5) Acrostics

Making a Planful decisions

D decide what helps you achieve your goal
E evaluate the good and bad alternatives
C collect information
I internally review your values
S State the problem
I identify the solution to the problems
O Outlook of your talents
N no time to waste

Tips on Managing your Money

M make a budget and follow it
A always check your bank account balance
N no lending money
A always buy what you need and compare cost
G get a part-time job while you're in college
E Excel spreadsheet can help you keep a record

My Personality Type

J judging
I Introvert
T thinker
S sensing

Trick to get rid of habits

H have the problem exposed
A award yourself with a reward
B be positive
I imagine the actions you might take
T tend to one behavior at a time

Tips for reading

R read to remember
E enlightened by what you read
A acknowledge the benefits
D distribution to remember