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In Facet 4 we see an explanation of what the author calls an exchanged life. When speaking about the exchanged life the author is referring to “an experiential approach to the spiritual life that is based on the believer's new identity in Christ.” This is done by identifying yourself in the death and resurrection of Jesus meaning that we believe that when we came to know Christ that our old self was crucified with Christ and that we emerge as a new creation. The author would say that our life was exchanged for the life of Christ when we experience salvation. I love the concept and believe that it is biblically accurate, it reminds me of when Paul made the statement: “I no longer live but Christ lives in me so I live my life in this earthly body by trusting in the son of God who loved me and gave his life for me.” In this passage Paul was referring to the exchanged life and it is something that we should strive for as Christians everyday. I believe that a practical way that we can apply this kind of exchanged mindset is in our prayer lives. We no longer pray “our will be done” or “Lord help me with these plans that I have made” and our prayer life shifts to “Lord let your will be done through me today, use me in whatever way you wish.”

In the chapters on facet 4 we see a definition of the exchanged life that was shared by Howard Hendricks. He said that the exchanged life is, “the life of Christ reproduced in the believer by the power of the Holy Spirit in obedient response to the Word of God.” I thought that this definition of the exchanged life was powerful, clear and concise. I love how it is implied that when we live an exchanged life that we are allowing Christ to be reproduced in us. If Christ was able to change the world during his time on earth imagine what a hundred Christians who are living an exchanged kind of life could do. Unfortunately I think many of us do not allow Christ to be reproduced in us at the level that we should. Howard Hendricks uses the word obedient in his definition and that may be where we have a tough time living an exchanged life because it requires obedience to let Christ reproduce in you and it requires obedience to be led by the spirit. However later on in the chapter it says that living an exchanged life is not a matter of trying to do things for Jesus but a matter of resting in what he has already done. Seems that it goes back to your identity in Christ and remembering who you are in Him.

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The final thing I would like to mention is a section where I felt gave great further insight into the exchanged kind of life. It explained that, "Jesus Christ gave his life for you (salvation) so that he could give his life to you (sanctification) so that he could live his life through you (service). I thought this was a profound way of explaining the exchanged life and the various stages that are part of the process. The ultimate goal through sanctification is to become fully like Christ which we will not experience on this side of things but if we can go past the norm which is salvation and sanctification and enter into the service stage of this we would be able to make such a big difference because we would be allowing Jesus to live through us every single day.

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