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Dr. B. Wallace

LS 101 Developing the Healthy Leader

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Who Switched Off My Brain Summary

I can't remember a time I enjoyed doing school work so much. I was so intrigued by the book that I was excited about watching the video! To sum it up Dr. Leaf does an extraordinary job of breaking down how well engineered our brains are and just how powerful they are. She explains how everything we experience in life starts with a thought whether it is a good thought or a bad thought. Ultimately, we all have the power to control the renewing of our minds with positive thoughts and feeding from the word of God! Dr. Leaf plainly and constructively makes the connection between God and science seamlessly and undeniably. God created human beings with a spirit, soul, and a body to be able to heal itself as long we have faith in Him!