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Course: (Eng) Oral Communication 237-03

Topic: HIV (Human Immunodeficiency Virus)

Informative Speech Outline (Individual)

Introduction

A tremendous measure of individuals had reached this infection called Human Immunodeficiency infection (HIV) in the world . Most people get the infection by having unprotected sex with somebody who has HIV, Another regular method of getting it is by sharing medication needles with somebody who is contaminated with HIV, The infection can likewise be passed from a mother to her infant during pregnancy, birth, or breastfeeding. HIV is negative to the world since it has no cure, yes it does has a few medications however that is just to extend you life on earth. HIV is likewise simple to prevent yet most people don't take precautions needed so that the virus can be prevented.

1st Main Point

The Causes of HIV

HIV (human immunodeficiency virus) is a virus that attacks cells that help the body fight infection, making a person more vulnerable to other infections and diseases.

Some potential triggers are:

- Having unprotected sex can trigger HIV.
- Infections: Having an infection can initiate HIV or cause a relapse in some people.
- Medications: Side effects from HIV medicines may last only a few days or weeks. For example, nausea, fatigue, and trouble sleeping are some short-term side effects of HIV medicines.

2nd Main Point

The effects of HIV

- HIV effects different organs in the body
- HIV effects muscle the joints
- HIV also effects the skin

3rd Main Point

The Treatments of HIV

- The standard treatment for HIV is a combination of medicines called antiretroviral therapy, or ART. Antiretroviral medicines slow the rate at which the virus multiplies. Taking these medicines can reduce the amount of virus in your body and help you stay healthy.

Conclusion

Taking everything into account, HIV is a fatal infection with no fix that can be transmitted in many ways and it doesn't make a difference, Your age, Your sex, Your race or identity, or who you engage in sexual relations with. However, it very well may be prevented thus for you to not contract this fatal infection you should take precautions expected to prevent HIV.

