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Bio Lecture

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1. Digestion is the process in which food containing large, insoluble molecules is broken down into small, water soluble molecules. ... Assimilation is the process in which the absorbed food is taken in by body cells and used for energy, growth and repair.
2. Because of the increase of obese/overweight people in the USA.
3. Leptin signals to the brain, specifically to the hypothalamus. Leptin has a more profound effect when we lose weight and levels of the hormone fall. This stimulates a huge appetite and increased food intake.
4. Adulthood