

College students comprise a population that is considered particularly vulnerable to mental health concerns. The findings of this study bring into focus the effects of pandemic-related transitions on the mental health and well-being of this specific population. Findings from the article attached suggest considerable negative impact of the COVID-19 pandemic on a variety of academic-, health-, and lifestyle-related outcomes for college students.

1. n=?

- a. There were 266 university students initially but the overall data completed was collected from **195 participants** from the initial 266.

2. Was the study's research design, qualitative, quantitative or mixed methods (both qualitative and quantitative)?

- a. The data were analyzed through a mixture of quantitative and qualitative methods.

3. Were interviews conducted using a qualitative or quantitative approach?

- a. A semistructured interview survey guide was designed with the purpose of assessing the mental health status of college students both quantitatively and qualitatively. The interviews were conducted by 20 undergraduate researchers trained in qualitative methods.

4. How were the interviews coded?

- a. Yes

5. Was the data acquired from a primary or secondary data source?

- a. Primary data source
- 6. What was the mean age of the participants in the study? Was the variable "age" continuous or discrete?**
- a. The average age was 20.7 (SD 1.7) years
 - b. Continuous
- 7. What percentage of the participants majored in education and human development?**
- a. 12 (6.1)
- 8. Which life-related category did the participants report was most severely negatively impacted as a result of the challenges to their mental health because of COVID-19? (*hint. figure 2*)**
- a. Disruptions to sleeping patterns
- 9. Which life-related category did the participants report was least severely negatively impacted as a result of the challenges to their mental health because of COVID-19? (*hint. figure 2*)**
- a. Suicidal thoughts
- 10. How was psychological stress measured in the study?**
- a. The study assesses participants' general stress levels using the Perceived Stress Scale-10 (PSS).