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Chowkwanyun, Merlin. (Nov. 2018). Cleveland Versus the Clinic: The 1960s Riots and Community Health Reform. *American Journal of Public Health*. Vol.108 (11), p.1494-1502.

<http://web.a.ebscohost.com.ezproxy.benedict.edu:2048/ehost/pdfviewer/pdfviewer?vid=1&sid=8234ab3e-951e-4f87-9900-114b3536c81a%40sdc-v-sessmgr03>

In the east side of Ohio there was an increase in rioting. The focal point of these riots were the differences in the healthcare for different groups of people. The urban areas had way better equipment and care for staff and patients than the lower end parts did. These differences caused a fire to spark in the people of Cleveland and other areas in trying to get things to be fair and even.

This article shows to me how unfairly the government system spreads out its resources. For things to be taken this far it becomes easier to believe how little they care about the entire Cleveland as a whole and not just select groups. Seeing the conditions that people are in you start to feel their pain and understand more and more of why they act the way they do. It does come to points in time where we want to blame everyone at the top but even the lower tier of people still have a chance to make a impact on things and for them to no be made shows how little we care about our communities.

Ratchford, Jamal L. (March 01, 2012). Black Fists and Fool's Gold: The 1960s Black Athletic Revolt Reconsidered. *The Black Scholar: Integration*. Vol. 42 (1), p. 49-50.

<http://web.a.ebscohost.com.ezproxy.benedict.edu:2048/ehost/pdfviewer/pdfviewer?vid=1&sid=444c3873-9470-454f-9165-bf55aacfca6a%40sessionmgr4007>

In 1968 two black or African American athletes were banned from the Olympics due to them raising their fist wearing black gloves. This act of power displayed their way of a silent and peaceful protest fifty plus years ago. The two men were Tommie Smith and John Carlos who were apart of the track team. Forty years later, these two men were honored at the EPSY's award event. Many celebrities like Samuel Jackson and Tom Cruise, gave their thoughts and beliefs regarding this event. Considering in 1968, Mr. Smith and Mr. Carlos were blacklisted from Olympic events but in 2008 they were highly appreciated and loved based on their courage and display of fighting for what they believed was right.

Reading this article, I learned a few more things based on how society was in the past. As we evolve as humans, we tend to appreciate things of the past more and more. The appreciation that I read about here shows us how we can grow if just learn from the past. These men from the track team during the Olympics were treated poorly based on the times they lived in then and we have a taste of it now. There comes a point in time where you would think that adults will be more mature about situations but the way these men were attacked just for hand gestures and no words is childish.