

## Titus Korir

### Methods of protection

Condoms-This a method of protection that is popularly used by people. They slip over the penis to prevent pregnancy and lower the risk of STIs by keeping inside the condom and out of the vagina

### Side effects

A moderately high failure rate when used improperly or inconsistently

Diaphragm-This is a shallow, dome-shaped cup made of silicon

### Side effects

Burning with urination

Genital irritation

Unusual vaginal discharge a high fever

Discomfort when using the diaphragm

**The shot**-It is used to keep someone from pregnancy. Once you get it, your birth control is covered for 3 full months

Mild fever

Feeling tired

Headache

Muscles and joint aches

...a central aspect of being human throughout life encompasses sex, gender identities and roles, sexual orientation, eroticism, pleasure, intimacy and reproduction. Sexuality is experienced and expressed in thoughts, fantasies, desires, beliefs, attitudes, values, behavior's, practices, roles and relationships. While sexuality can include all of these dimensions, not all of them are always experienced or expressed. Sexuality is influenced by the interaction of biological, psychological, social, economic, political, cultural, legal, historical, religious and spiritual factors"

What do you think about this definition?

It sis comprehensive