

Consideration for wearing a mask is very important here is why. Centers for Disease control and prevention recommends that people wear mask in public setting and when around people who don't live in your house, especially when other social distancing measures are difficult to maintain. Masks are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice. This is called source control. This recommendation is based on what we know about the role respiratory droplets play in the spread of the virus that causes COVID-19, paired with emerging evidence from clinical and laboratory studies that shows masks reduce the spray of droplets when worn over the nose and mouth. COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of masks is particularly important in settings where people are close to each other or where social distancing is difficult to maintain.

Here are some reasons to wear a mask, based on the latest research. The primary way the coronavirus spreads is from person to person by respiratory droplets produced when an infected person coughs, sneezes or talks. Face masks, however, can block these droplets. They act as a barrier to keep virus-containing particles from escaping an infected individual and landing on another person, explains Ron Waldman, M.D., professor of global health at the George Washington University (GWU) Milken Institute School of Public Health. For an example wearing a masks may help the economy recover which could offer an economic boon, as well. A report released by investment firm Goldman Sachs found that a national face mask mandate could serve as a substitute for lockdowns "that would otherwise subtract nearly 5 percent from gross domestic product."

Recent spikes in coronavirus cases have caused some U.S. communities to pause or roll back reopening plans and “have raised fears that we may need to go back to the lockdowns that we saw back in March and April,” Jan Hatzius, head of Goldman Sachs Research and the firm's chief economist, explained in a video briefing on the report. “We know that's very economically damaging.”

Lockdowns at the start of the outbreak brought the U.S. economy to a halt; more than 44 million Americans have filed for unemployment benefits since mid-March. The widespread use of face masks, however, could significantly slow the growth rate of virus cases, which top infectious disease expert Anthony Fauci, M.D., said could hit 100,000 per day if outbreaks are not controlled. And slowing the rate of new cases would “reduce the need for what otherwise would be a significant hit to the economy,” Hatzius said.

Those that are against wearing face mask say they irate the skin and make it difficult to breath. According to some research here are some facts about the harmful effects of wearing a face mask. Aside from the lack of scientific evidence pointing to requiring the use of a face mask for preventive measures, several studies have explored the dangers of wearing a face mask, especially for long periods.

These dangers include increased airway resistance, accumulation of carbon dioxide, hypoxia or inadequate oxygen supply, headaches, and even other life-threatening complications.

In a study conducted by the National Taiwan University Hospital, it has been found that the use of N-95 masks in healthcare workers has caused them to

experience hypoxemia, the low level of oxygen in the blood, and hypercapnia, an elevation in the blood's carbon dioxide levels.

Another study reported findings of headache in health professionals using the same protective face mask. Similarly, pregnant women wearing N-95 masks were also found to have breathing difficulties associated with the use of the mask. Researchers suggest that the benefits of using N95 masks to prevent contraction of infectious diseases should be weighed against possible respiratory consequences linked with extended use of N95 masks.

Given these points about the pros and cons of wearing or not wearing a mask cover. I would consider myself a pro due to the increasing numbers in my state according to (DHEC) Department Health Environment Control. Until the numbers decrease with zero reports of new cases and new deaths we as a nation should still mask up.

Cite Sources

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