

Summary Video Intro to Life Dev

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What I learned from the Introduction to lifespan development is that lifespan is the period during which something is functional. A human lifespan is a period from birth to death in which human development is the process of growing to maturity. I learn during infancy is when is a very important development during that stage. Each stage group goes through three different milestones which are physiologic, cognitive, and psychosocial. Physiological is characteristics derive from the structural information of the human body. Cognitive development means how children think, explore, and figures things out. Psychosocial development involves changes not only in children's overt behavior but also in their social cognition.