

Who Am I?

Who Am I? This is an extremely loaded question that really makes you think about the key traits that make you who you truly are. To start, I like to think I am introspective and extrospective. With being introspective, I can identify who I am, making this assignment a little easier. It also allows me to see where I am wrong and the things in life I can work on. Being extrospective, allows me to see others. It allows me to see what people need from me as a person and to see people for exactly who they are. It allows me to see people before they really disclose who they are to me. This trait also lets me to be outgoing and friendly to everyone who comes my way and it allows them to be comfortable with me. Another trait that makes me who I am is being blunt. I am an honest person, lying literally will eat me up inside in the worst ways. I say what is on my mind, but carefully. I try to put things in a way that is constructive and not destructive. I think I am caring for others. I care so much about people's wellbeing, even people who may not like me. Therefore, I am a listener. People often vent to me about things, in hopes of a comforting and honest response, and I give it to them. I hope people will come to me and leave feeling better than before. I also think I am strong-minded, but not without reason. I stand behind what I think is right, not only factually, but morally. Lastly, I am confident in myself and who I am. This is my favorite trait of mine; I am the same Rebekah to everyone I meet and the same Rebekah to myself. I like to think I am vulnerably who I am to people, so they can see me as a person, and it also creates a space where others can be exactly who they are without judgement. Overall, I would say I am compassionate for others and myself, I am a huge people person, and try to give my best to everyone I meet, including myself.

To compare, I wanted to ask my best friend and my mother, the two people who have really seen me for who I am, who they think I am as a person.

Best Friend:

Loud: The main thing that caught my attention when we met is that when she enters a room, she makes it known & it is nearly impossible to not know she's there, but I like it because I like attention, so when people see my best friend, they see me too.

Brutally Honest: This is one of her best traits, she keeps it real and she is hilarious. Her honesty has kept her from getting caught up in a lot of scenarios that could take a turn for the worst and it actually improves people's lives.

Great Listener: Even if she does not want to hear what is being said, she makes sure she hears every word without missing a second. She takes her time absorbing what's being said. She takes her time absorbing everything being said as she prepares her brutally honest response.

Great Advice Giver: After effortlessly remembering every word someone has said in a 10-minute rant, she manages to reply with a thoughtful, honest, and straight to the point response. She incorporates her own experience with people's issues without making it all about her or changing the subject to her own personal problems. She makes it seem as if nothing matters at the time except your problem and the solution.

Outgoing/Extrovert: The reason she has tons of friends is because she is somehow able to talk to every person she meets as if they're her longtime best friend. She instantly makes people feel comfortable and welcomed. If there is ever someone who doesn't like her, I have no doubt that they're the problem, not Bekah.

Carefree: She gives off the impression that she just simply does not care. Whether she is fake it to maintain her dominant alpha personality or not, I wouldn't go as far to say it is a positive trait, but it is hard to miss. While she's somehow managed to have multiple boyfriends, I find she

lacks basic affection and wariness for them, although I don't see what happens behind closed doors. Although I do wonder if she is a psychopath and is playing along as if this is some game of life that she has to play until the game is over. Not only does this apply to romantic relationships, but friendships as well. I feel she lacks the desire to repair a friendship when something goes wrong unless the other person speaks first, but only because she simply does not care.

True to herself: She does not care what others have to say and lives by her own standards. As someone who cares about every little thought about myself that other people think, I find this trait of hers to be great. By not worrying about pleasing other people and living as her natural self, there's no doubt about what her true colors actually are.

Mom: Rebekah Blue is confident, kind, authentic, kind, and determined. She exudes her confidence, which puts her authenticity on full display without intimidation, but with admiration. She is one of the more authentic people most will ever have the opportunity to meet and know. Her personality is strong and determined yet has the ability to offer gentleness and understand that meet people wherever they are emotionally. She is able to offer tough love and kindness all at the same time because her intentions are always good. She is witty and entertaining, with the ability to bring out the lighthearted nature in most. She is a cheerleader for the underdog. She is a leader for the lost. She is a fighter for injustices and not afraid to meet challenges of any sort head on. Rebekah has a composed energy about her that lets you know she's in the room, but with nothing to prove. She is comfortable in her own skin and lives life according her own self-governed thoughts and opinions. She is one of a kind.

In comparison, I do not find these to be far off from who I think I am. I do disagree with being "carefree", but only in the intentions. I do think I am carefree, but only so that little things

that do not necessarily matter to me do not consume me. I do, however, realize that this may make it seem as if I do not care what others feel, but I genuinely always do.

This assignment made me feel loved and seen, which are two of the most important things to me. It was beautiful to see who I think I am aligns with what others think I am, whether it is positive or negative. For me, asking someone who they think I am as a person is not something I usually do, or ever do honestly. Seeing it in words from two people I hold close to my heart is extremely comforting.