

Chapter 23,34,28, 46 critical thinking

23-3 saturated fat is solid at room temperature, ex: butter and cheese. They increase LDL levels

Unsaturated fat is liquid at room temperature, ex: olive oil and canola oil. They decrease LDL levels

Transfatty Acids these have hydrogen added during food manufacturing ex: margarine. These increase LDL levels and decrease HDL levels

24-7 (no critical thinking in this edition)

28-1 antihistamines help treat the symptoms of allergies

46-3 anuria -kidneys do not produce urine, oliguria- there are abnormally small amounts of urine, polyuria- there are abnormally large amounts of diluted urine.