

I was a little disappointed in myself that I had to retake this course because I have never had to repeat a course. I finally found this to be effective because I am able to learn and connect more. I have decided to take this as an opportunity to strengthen my foundation. This time around I find the hormones and their actions less frustrating. It was quite beneficial to take one and then two. I enjoy reading the discussions and each person's take on what they read and research. The last time I chose oxytocin and this time I chose luteinizing hormone. I found this to be educational because I was able to think back to my research before and connect it to my current research. I enjoyed making the connection and broadening my knowledge. The learning activities and lab are a bit easier this time around and it has given me security in that I am in fact retaining information.