

Article Review

Trauma, Sexual Abuse and Recovery

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The article I am doing a review on is about why do women tolerate domestic violence. It is a short article but says a lot. I found myself relating to a lot of the statements that are stated in the article. My opinion the article is a good read as well as a lot of information to all women.

Until reading this article the one thing I have learned was there is way more domestic violence happening in America than I ever realized. In the article it states that back in 1994 a study showed 243,000 Americans suffered injuries inflicted by a spouse or intimate partner. The 1994 study showed only reported incidents.

A couple times in the article the word embarrassed is used like some women feel embarrassed or they don't want to get embarrassed by telling someone about the abuse. My opinion I don't think embarrassed is the right word that should be used. I feel the better word to use may be shamed. Like the woman is ashamed to tell anyone. Another statement in the article says, " who wants to say my man is different from your because he fights me," said by Clara Kirk, founder of Clara's House in Chicago. In my opinion I have never heard a woman say that term ever. They may say he beats me or even say he hits me but he fights me is a new term for my ears.

My opinion women having self-esteem and believing they deserve better helps in part of a woman leaving an abusive relationship. In the article it states over a period of time the abusive

partner destroys the woman's self-esteem. I can say personally for myself it didn't take long at all for my self-esteem to be destroyed.

The article goes over many different terms of reasons why women tolerate domestic violence. Some I have heard and some I haven't. But of course it doesn't cover all reasons behind every woman's reasons for tolerating the abuse. No one will probably ever know every reason a woman has for tolerating domestic violence. With the article being short I feel it was short and sweet and covered a lot of reasons and all women should take the 2 minutes to read the article.