

This course has been a pleasure to take. It has given me the basic fundamental knowledge of the human body. Which is going to be very important based on my career choice. I didn't think that the lessons were going to be as in depth as they actually were. The hardest part of the course had to be chapters on the nervous system. I definitely had to take my time on those lessons more than the others. I feel like that part was the hardest for me because the nervous system interacts with the whole body as the different body parts mainly interact with themselves or the areas around them. Like I said earlier, taking this course is very important to my career of nursing, as I was just accepted into the nursing program at Beal. Not only is this course going to help me with nursing but it is going to help me in my everyday life as well. I am big into fitness, knowing more about the body and how it works is going to be great when planning my weeks workouts. This is mostly due to understanding more about the anatomy of our muscles which I can then relate to various exercises. I was a little scared of taking this course online, but I feel that I learned a lot, in fact I am taking A&P 2 next mod!