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Week 5 Article Response Paper:

*More People Go to the Emergency Room During the Holidays: Here's Why According to ER Doctors*

I enjoyed reading this article as it had a lighter tone than some of our previous article's, and given all the COVID-19 coverage, I think something like this was needed. I will say that I wasn't surprised by the increases in emergency room visits that was discussed in the article, it seems like during the holiday season there is always added stress, people overindulge, and then accidents happen as people hurry about their days. One thing that never really occurred to me was that doctors would see an influx of patients who during the holidays aren't taking their medications properly. The comment about patient's "cheating" on their doctor's orders over the holiday season made me laugh, but I can see it happening, all the good food and the drinks people think oh it's just for a short period of time, without really thinking of the consequences of not following doctor's orders. I also found it interesting that even though people can experience more emotional distress and strain over the holidays, that the instance of suicide's do not seem to increase as one might expect.

Overall a nice read and again I appreciated what almost felt like a bit of humor in the writing amid all the COVID-19 articles, and concerns.