

For my reflection of this week's lesson I have learned so many different things about the human body. From where certain organs are in the body to what organs have glands that secrete hormones, and what each of those hormones do in our body. How all of it works together like a well-oiled machine. How if one hormone level is off that it can affect so many different things.

The one body part that I found the most interesting was the Thyroid. Working in the Ultrasound department we scan at least five to ten thyroids a day. I have noticed over the last year the number of thyroid biopsies we do seems to have gone up. What is even more shocking is how young the patients seem to be, it seems like they keep getting younger and younger. When I was reading about the thyroid, I didn't realize how much one little body part can control or have such an impact on the whole body and the rate we grow and develop and for the maturation of the nervous system. It made me as a parent of two young boys want to do a little more research on my own about the thyroid and what I can do as a mother to make sure I am doing everything I can to help my boys be healthy. To make sure they get what they need not only to have healthy bones and eyes and muscles, but also things like their thyroid and kidneys and even their testicles. To make sure they are growing and maturing properly.