

Reflection week 1

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This week was an eye opener! I had no idea that the anatomy of the body consisted of so many different aspects. I was not aware that the body was “cut up” (Greek for anatomy!) and organized by different planes. The hardest part for me to grasp was the amount of cavities defined throughout the human body. I know I’ll need to focus and do more studying in order to remember them.

The focus on the several levels of organization was another new piece of knowledge for me, I did not know they existed in that manner. There is the chemical level, organelle level, cellular level, tissue level, organ level, system level, and organism level -us! The video in lesson one on the organization of the human body was very helpful to understand this. The organelle model was most interesting. I did not know that a cell was full of tiny organelle that have specific functions, and cannot live outside the cell. Also the cell cannot survive without them! I am looking forward to the next week, and hopefully things will come a bit easier for me to understand!