

What is my personality

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Jung Typology Test

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PY 101

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When I took this test it was interesting the types of questions that were asked and with

some it felt that they were the same questions just worded differently. I assume that this is so that it could interrupt the way we read and understand a question, due to the fact that we can answer a question in a lot of different ways depending on the wording. There was a little part of me that was nervous about taking the test and could not pinpoint why, and when I discussed this with my fiancé his response was “are you afraid it will tell you that secretly you are a serial killer”. Even though this was not the case I believe that when we are confronted with what we are really like we never want to hear the truth of the matter and it can cause emotional distress. That being said the test said that my personality according to the test is a ISTJ.

As I read the definition of ISTJ personality I feel that the test is rather accurate. ISTJ personality stands for (I) introversion, (S) sensing, (T) thinking, and (J) judgement. ISTJ personalities are referred to as inspectors. The strengths associated with this personality are detail-oriented, realistic, present-focused, observant, logical, practical, orderly, and organized. Weaknesses associated are judgmental, subjective, tends to blame others, and insensitive. (Cherry 2019) Other aspects associated with being an ISTJ personality is that we tend to be reserved, practical, and quiet. Having order and organization in all aspects of our lives is very important and needed to be able to function in our daily lives. These are spot on with me as far as my personality, I find myself unable to function when there is chaos. At work and at home being able to focus on task at hand are nearly impossible if there is no order, I often find my mind wandering and unable to focus and feel frustrated and irritable. As I sit here writing this I am distracted by the amount of moving boxes and disorder from our recent move and I have found myself more uneven tempered. Planning and having order is another key component in this personality. I have not been able to rest at night until I have put at least one part of the house in order. When My children were babies I had strict schedules for them to help eliminate

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dysfunction and chaos, knowing what to expect each day made it easier for me to function.

(Cherry 2019)

Making sure that commitments are kept and honored are a very important thing to me and is a trait I try to instill in my children because I believe and was raised to believe when a promise is made you keep it. Also doing the honorable thing even when nobody's watching is a moral aspect that is more important than anything. When looking at these components it is stated that ISTJ personalities can seem rigid and unyielding to make sure that order is maintained. This is something that my children will attest to, and often seems unfair to them that I have a set schedule for weeknights to guarantee that their school work is done and they are prepared for the next day.

When looking at weaknesses I feel that most of them do not fit with my personal thoughts of my personality. I don't find myself overly judgemental of others unless there are extended circumstances to warrant them. Being subjective of situations is something I am not, I believe in following my gut instincts and am not swayed by others or situations. When it comes to blaming others, this is something I do not do, taking accountability for one's actions is a moral aspect that has no room for movement in my thought process. Insensitivity as a weakness is something that I believe I don't have to worry about, I have always been told that I put everyone before myself.

Considering that I tend to be detail oriented I feel that my chosen path of billing and coding for a profession was a good choice. Feeling as though it is a waste of time to spend time on impractical things makes me feel as if I will be able to finish my tasks without wasting effort or being easily distracted. Since part of this personality is that not jumping into new things easily starting college at 42 years old was a challenge for me. According to the article I read that the needing structure is a bonus in parenting due the fact that children feel more secure. (Chery

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Reference

Cherry, Kendra. *ISTJ: The Inspector (Introverted, Sensing, Thinking, Judging) An Overview of the ISTJ Personality Type*. Verywell mind. June 24, 2019

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Humanmetrics Incs. 1998-2020.