

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Leyemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 3548

DMA Code #2 3693

DMA Code #3 6354

DRUG NAME	Flixonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	111 1 spray 12 older = 2 sprays - Adults 2 sprays
HOW TO TAKE	Nasal
USES	Allergies
SIDE EFFECTS	Headache - nasal burning - nasal vomiting - chronic
WARNINGS	

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5mg - 7.5mg - 10mg CR cap 15-30mg
HOW TO TAKE	Discontinuous - orally
USES	Muscle spasms
SIDE EFFECTS	Drowsiness - dizziness - Fatigue - nausea - nervous
WARNINGS	don't use with Alcohol

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	0.5 - 1mg - 2mg - 4mg
HOW TO TAKE	orally
USES	anxiety
SIDE EFFECTS	Sedation - dizziness hepatotoxic Fatigue
WARNINGS	Cardiac - K+ cardiac - behavior changes - respiratory failure

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	Solostar U-PAN - 100 units per mL
HOW TO TAKE	injection
USES	Diabetic control
SIDE EFFECTS	rash - weight gain - headache influenza - edema
WARNINGS	insulin injection renal impairment - infection - stress

DRUG NAME	Novolog
GENERIC NAME	Insulin aspart
DOSAGE RANGE	100 units per Flex pen
HOW TO TAKE	inj -
USES	diabetes mellitus
SIDE EFFECTS	weight gain - headache - edema - URI
WARNINGS	hypoglycemia - hypersensitivity - anaphylaxis



DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	2-5-10-15-20-30
HOW TO TAKE	orally
USES	Bipolar - manic - mixed
SIDE EFFECTS	Headache - weight gain - nausea - vomiting - dizziness
WARNINGS	not approved for Dependent - Suicide Risk

DRUG NAME	Xanax
GENERIC NAME	clonazepam
DOSAGE RANGE	.25 to 1mg 2mg
HOW TO TAKE	orally
USES	Seizure tract
SIDE EFFECTS	drowsy / fatigue - appetite changes - libido
WARNINGS	Addiction - Dependence

DRUG NAME	Abilify
GENERIC NAME	haloperidol
DOSAGE RANGE	.5 - 5mg - 10mg - 20mg
HOW TO TAKE	orally - discontinued in US
USES	Schizophrenia - Antipsychotic - Tardive
SIDE EFFECTS	
WARNINGS	Sudden death Seizures - dystonia

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10-20-40-80
HOW TO TAKE	orally
USES	Lower Cholesterol
SIDE EFFECTS	Headache - Dizziness - Lactinemia - Nausea - muscle spasm
WARNINGS	

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg 25mg 50mg 100mg 200mg
HOW TO TAKE	orally
USES	Seizures - migraines - Sleep related disorders - weight loss
SIDE EFFECTS	dizziness - weight loss - abdominal pain - Fever - diarrhea
WARNINGS	anemia - suicidality - psoriasis

