

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

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Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
<del>Abilify</del> Ativan Clozaril Depakote Haldol Invega Klonopin - Lamictal Lithium Risperdal — Seroquel ✓ Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor ✓ Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog — Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra ✓ Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac —	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin <del>Norco</del> ✓ Tylenol with Codeine ✓ Ultram <i>discontinued</i>

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 5152

DMA Code #2 2936

DMA Code #3 2022

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	Tab: 2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	Start 10-15mg dose 2 weeks, Max 30mg a day
USES	Schizophrenia, bipolar disorder, major depressive disorder
SIDE EFFECTS	headache, weight gain, anxiety, insomnia, nausea
WARNINGS	Dementia-Related Psychosis, Suicidality.

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	Tab 5mg / 325mg, 7.5mg / 325mg, 10mg / 325mg
HOW TO TAKE	use lowest effective dose,
USES	Pain, moderate - mod-severe.
SIDE EFFECTS	light-headedness, dizziness, sedation, nausea, vomiting, rash
WARNINGS	medication Error Risk, Addiction, Abuse, and Misuse

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	Tab 0.5mg, 1mg, 2mg
HOW TO TAKE	0.5mg bid, may incr by 0.5-1mg / day q 3 day, Max 20mg / day
USES	Tic Disorders, Tourette Syndrome, sleep-related movement
SIDE EFFECTS	drowsiness, dizziness, fatigue, amnesia, confusion, depression
WARNINGS	Addiction, Abuse, and misuse, risk from concomitant alcohol use, withdrawal

DRUG NAME	Nouvolog Heppra
GENERIC NAME	Levetiracetam
DOSAGE RANGE	500-1500mg Po q 12h
HOW TO TAKE	Start 500mg Po q 12h, may incr by 1000mg / day q 2 wk
USES	Seizure Disorders
SIDE EFFECTS	headaches, ataxia, fatigue, pain, irritability, vomiting
WARNINGS	

DRUG NAME	Heppran Novolog
GENERIC NAME	Insulin aspart
DOSAGE RANGE	U-100 insulin
HOW TO TAKE	100 units per mL
USES	Diabetes: Insulin
SIDE EFFECTS	URI, Rash, hypoglycemia, myalgia, headache
WARNINGS	

DRUG NAME	Risperdal
GENERIC NAME	risperidone
DOSAGE RANGE	Tab: 0.25mg, 0.5mg, 1mg, 2mg, 3mg, 4mg Sol: 1mg per mL
HOW TO TAKE	start 2-3mg po qd, then adjust dose by 1mg/day
USES	Antipsychotics, 2nd generation, Bipolar disorder, TIC
SIDE EFFECTS	Confusion, weight gain
WARNINGS	Dementia-Related Psychosis, epistaxis

DRUG NAME	Tenormin
GENERIC NAME	atenolol
DOSAGE RANGE	Tab 25mg, 50mg, 100mg
HOW TO TAKE	start 25-50mg po qd, may incr dose q1-2wk. max 100 mg/day
USES	Antianginals, Beta Blockers, Headache/migraine
SIDE EFFECTS	leg pain, depression, dyspnea, fatigue, bradycardia
WARNINGS	Avoid Abrupt Cessation.

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	Tab 25mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	start 20mg po xl than 100mg po qhs xl, then 200mg max 300 po/day
USES	Schizophrenia, Bipolar I, bipolar disorder, acute depressive.
SIDE EFFECTS	Somnolence, xerostomia, dizziness, hypotension, BP incr
WARNINGS	Dementia-Related Psychosis, Suicidality,

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	Tab 0.5mg, 1mg, 2mg, inj: 2mg per mL 4mg per mL
HOW TO TAKE	anxiety, insomnia, status, epileptics
USES	2-4mg po taper dose gradually to DIC
SIDE EFFECTS	dizziness, asthenia, sedation, ataxia
WARNINGS	Risks from concomitant Opioid use, Addiction, Abuse, and misuse

DRUG NAME	Ultram - Prilosec
GENERIC NAME	tramadol Omeprazole
DOSAGE RANGE	Or Cap 100mg, 200mg, 400mg. Or Granul. 10mg per PKT
HOW TO TAKE	po qd 20mg, give before meals
USES	GERD, gastric ulcer, duodenal ulcer
SIDE EFFECTS	headache, nausea, vomiting, abdominal pain.
WARNINGS	N/A