

Learner's Name: Austen Gilliland

- Hand Washing *can sanitize 3 times then must use soap & water*
- Blood Pressure
Normal Blood Pressure Range: 90/50 - 160/90 *Anything out of this range call medical*
- Pulse
Normal Pulse Range: 50-100 *Anything outside this range call medical*
- Respirations
Normal Respiration Range: 12-20 *Watch chest rise and fall*
- Temperature
Normal Temperature Range: 96-99
- Weight *1st of the month in system by the 5th gain or lose 10lbs alert medical*
- Measurement of Girth *Tape measure around stomach at belly button*
- Oxygen Saturation (Only to be completed per physician or nurse order) *Little machine*
- Wong Baker Chart & FLACC Scale *Pain level scale 1-10 can point to faces*
- Insulin Administration *Hold from 18 down to 0 count to 10 have someone verify the dose*
- SubQ Injections *Pinch skin insert needle*
- Accu-Chek (Glucometer Testing) *Prick finger, insert test strip, apply blood*
- Glucometer Use and Cleaning *Clean with ~~alcohol~~ wipe antibacterial*
- Transfers (on an as-needed basis):
 - Hoyer Lift *Always use 2 people*
 - Gait Belt *Wrap around waist tighten belt and tuck in*
 - Wheelchair Transfers
- Feeding Tube *Have to sit 45°-90° for duration of food/water and 30 min af*
- Foley Catheter Care *Cleaned twice a day with soap and water*
- Colostomy *Keep area clean and check for leaks*

Mary Oyster

Nurse

Austen Gilliland

Learner

4/12/22

Date

04/12/22

Date

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.