BEACON Specialized Living

Medical Hands-On Training Checklist

Learner's Name: Ashanti Crosby

- ☐ Hand Washing - 20sec
- ☐ Blood Pressure
  - Normal Blood Pressure Range: low 90-50, high 160-90
- ☐ Pulse
  - Normal Pulse Range: 52-100
- ☐ Respirations
  - Normal Respiration Range: 12-20
- ☐ Temperature
  - Normal Temperature Range: 96 - 99°
- ☐ Weight
- ☐ Measurement of Girth – by [redacted] the lower ribs line
- ☐ Oxygen Saturation (Only to be completed per physician or nurse order) – twice a day
- ☐ Wong Baker Chart & FLACC Scale – pain scale
- ☐ Insulin Administration – [redacted] on 2
- ☐ SubQ Injections –
- ☐ Accu-Chek (Glucometer Testing) – Every resident should have their own if used [redacted] becomes theirs
- ☐ Glucometer Use and Cleaning –
- ☐ Transfers (on an as-needed basis):
  - Hoyer Lift
  - Gait Belt
  - Wheelchair Transfers
- ☐ Feeding Tube
- ☐ Foley Catheter Care
- ☐ Colostomy

Mary Quick LPN — Nurse — Date: 3/8/22

[redacted] — Learner — Date: 03-08-22

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.