

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

*Kathleen Smith*

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1057

DMA Code #2 1853

DMA Code #3 9532

<b>DRUG NAME</b>	Levemir
<b>GENERIC NAME</b>	insulin detemir
<b>DOSAGE RANGE</b>	Ins (FlexTouch U-100 pen); 100 units per mL; Ins (U-100 vial)
<b>HOW TO TAKE</b>	Injection
<b>USES</b>	diabetes mellitus, type 1; diabetes mellitus, type 2
<b>SIDE EFFECTS</b>	headache, cough, Back Pain, Rash, vomiting, weight gain
<b>WARNINGS</b>	

<b>DRUG NAME</b>	Topamax
<b>GENERIC NAME</b>	Topiramate
<b>DOSAGE RANGE</b>	Sprinkle CAP: 15 mg, 75 mg; Tab 75mg, 50mg, 100mg, 200mg
<b>HOW TO TAKE</b>	Oral, By Mouth
<b>USES</b>	partial seizures; seizures; primary generalized tonic clonic
<b>SIDE EFFECTS</b>	weight loss; fever, depression, tremor, infection
<b>WARNINGS</b>	

<b>DRUG NAME</b>	Norco
<b>GENERIC NAME</b>	hydrocodone / acetaminophen
<b>DOSAGE RANGE</b>	5mg/325mg; 7.5/325mg; 10mg/325mg
<b>HOW TO TAKE</b>	Oral, By Mouth
<b>USES</b>	pain, moderate-mod. severe.
<b>SIDE EFFECTS</b>	constipation, Rash, vomiting, sedation
<b>WARNINGS</b>	Medication Error Risk; Addiction, Abuse, misuse

<b>DRUG NAME</b>	Lithium - Generic
<b>GENERIC NAME</b>	
<b>DOSAGE RANGE</b>	CAP: 150mg, 300mg, 600mg; Tab 300mg, ER Tab 300mg; 450mg
<b>HOW TO TAKE</b>	Oral by Mouth
<b>USES</b>	bipolar I disorder, maintenance tx
<b>SIDE EFFECTS</b>	Lithium toxicity
<b>WARNINGS</b>	Rash, dizziness, fatigue, nausea

<b>DRUG NAME</b>	Zocor
<b>GENERIC NAME</b>	simvastatin
<b>DOSAGE RANGE</b>	Tab: 5mg, 10mg, 20mg, 40mg, 80mg
<b>HOW TO TAKE</b>	Oral by Mouth
<b>USES</b>	hypercholesterolemia
<b>SIDE EFFECTS</b>	headache, UTI, Abdominal Pain
<b>WARNINGS</b>	

<b>DRUG NAME</b>	Abilify
<b>GENERIC NAME</b>	Aripiprazole
<b>DOSAGE RANGE</b>	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
<b>HOW TO TAKE</b>	Oral, by mouth
<b>USES</b>	Schizophrenia bipolar I disorder, major/mixed
<b>SIDE EFFECTS</b>	Nausea, vomiting, constipation, blurred vision
<b>WARNINGS</b>	Dementia-Related Psychosis, suicidality

<b>DRUG NAME</b>	Klonopin
<b>GENERIC NAME</b>	Clonazepam
<b>DOSAGE RANGE</b>	0.5mg, 1mg, 2mg
<b>HOW TO TAKE</b>	Oral, by mouth
<b>USES</b>	Seizure disorder, panic disorder, anxiety
<b>SIDE EFFECTS</b>	Depression, dizziness, fatigue, drowsiness
<b>WARNINGS</b>	Addiction, Abuse, and misuse

<b>DRUG NAME</b>	Lipitor
<b>GENERIC NAME</b>	Atorvastatin
<b>DOSAGE RANGE</b>	10mg, 20mg, 40mg, 80mg
<b>HOW TO TAKE</b>	Oral, By mouth
<b>USES</b>	Hypercholesterolemia, mixed dyslipidemia
<b>SIDE EFFECTS</b>	Headache, UTI, muscle spasms, insomnia
<b>WARNINGS</b>	

<b>DRUG NAME</b>	Tenormin
<b>GENERIC NAME</b>	atenolol
<b>DOSAGE RANGE</b>	25mg, 50mg, 100mg
<b>HOW TO TAKE</b>	Oral, By mouth
<b>USES</b>	HTN, angina, migraine headache prophylaxis
<b>SIDE EFFECTS</b>	Depression, leg pain, nausea, dizziness
<b>WARNINGS</b>	Avoid Abrupt Cessation

<b>DRUG NAME</b>	Flexeril
<b>GENERIC NAME</b>	Cyclobenzaprine
<b>DOSAGE RANGE</b>	5mg, 7.5mg, 10mg; ER CAP 15mg, 30mg
<b>HOW TO TAKE</b>	Oral, By mouth
<b>USES</b>	Muscle spasms, Fibromyalgia
<b>SIDE EFFECTS</b>	Headache, constipation, confusion, taste changes
<b>WARNINGS</b>	