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DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 3210

DMA Code #2 7654

DMA Code #3 1014

Adults

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|--------------|--|
| DRUG NAME | Klonopin |
| GENERIC NAME | clonazepam |
| DOSAGE RANGE | 0.5mg - 2mg |
| HOW TO TAKE | Start .5mg po TID, may increase by .5-1.0mg/day Q3days, max 20mg qd |
| USES | Seizure disorder, Panic disorder, anxiety |
| SIDE EFFECTS | Depression, dizziness, hypotension, dependency, suicidality |
| WARNINGS | Addiction Abuse, misuse Dependency, withdrawal reaction, risks from concomitant opioid use |

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|--------------|---|
| DRUG NAME | Flonase Allergy relief |
| GENERIC NAME | fluticasone propionate nasal |
| DOSAGE RANGE | 50mg |
| HOW TO TAKE | 2 Actuations in each nostril bid, max 4 actuations in each nostril qd |
| USES | relieving allergic Rhinitis Symptoms |
| SIDE EFFECTS | glaucoma (long time use), anaphylaxis, headache, nausea |
| WARNINGS | unhealed nasal septal ulcer, Caution if TB infection |

Kids

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|--------------|--|
| DRUG NAME | Lipitor |
| GENERIC NAME | Atorvastatin |
| DOSAGE RANGE | 10mg - 80mg |
| HOW TO TAKE | 10mg - 80mg po qd; Start: 10-20mg po qd; may incr. dose q 4 w |
| USES | Homozygous Familial hypercholesterolemia |
| SIDE EFFECTS | myopathy, Acute renal failure, headache, diarrhea, ↑ triglycerides |
| WARNINGS | Caution if stroke w/in 6 months; Caution if diabetes mellitus |

Kids

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|--------------|--|
| DRUG NAME | Levothyroxine |
| GENERIC NAME | Synthroid |
| DOSAGE RANGE | Tab: 25mcg, 50mcg, 75mcg, 88mcg, 100mcg, 112mcg, 125mcg |
| HOW TO TAKE | 2-3mcg/kg/dose po qd; Start 25mcg po qd, titrate 137, 150, 175, 187.5, 200, 225, 250, 275, 300, 325, 350, 375, 400, 425, 450, 475, 500, 525, 550, 575, 600, 625, 650, 675, 700, 725, 750, 775, 800, 825, 850, 875, 900, 925, 950, 975, 1000, 1025, 1050, 1075, 1100, 1125, 1150, 1175, 1200, 1225, 1250, 1275, 1300, 1325, 1350, 1375, 1400, 1425, 1450, 1475, 1500, 1525, 1550, 1575, 1600, 1625, 1650, 1675, 1700, 1725, 1750, 1775, 1800, 1825, 1850, 1875, 1900, 1925, 1950, 1975, 2000, 2025, 2050, 2075, 2100, 2125, 2150, 2175, 2200, 2225, 2250, 2275, 2300, 2325, 2350, 2375, 2400, 2425, 2450, 2475, 2500, 2525, 2550, 2575, 2600, 2625, 2650, 2675, 2700, 2725, 2750, 2775, 2800, 2825, 2850, 2875, 2900, 2925, 2950, 2975, 3000, 3025, 3050, 3075, 3100, 3125, 3150, 3175, 3200, 3225, 3250, 3275, 3300, 3325, 3350, 3375, 3400, 3425, 3450, 3475, 3500, 3525, 3550, 3575, 3600, 3625, 3650, 3675, 3700, 3725, 3750, 3775, 3800, 3825, 3850, 3875, 3900, 3925, 3950, 3975, 4000, 4025, 4050, 4075, 4100, 4125, 4150, 4175, 4200, 4225, 4250, 4275, 4300, 4325, 4350, 4375, 4400, 4425, 4450, 4475, 4500, 4525, 4550, 4575, 4600, 4625, 4650, 4675, 4700, 4725, 4750, 4775, 4800, 4825, 4850, 4875, 4900, 4925, 4950, 4975, 5000, 5025, 5050, 5075, 5100, 5125, 5150, 5175, 5200, 5225, 5250, 5275, 5300, 5325, 5350, 5375, 5400, 5425, 5450, 5475, 5500, 5525, 5550, 5575, 5600, 5625, 5650, 5675, 5700, 5725, 5750, 5775, 5800, 5825, 5850, 5875, 5900, 5925, 5950, 5975, 6000, 6025, 6050, 6075, 6100, 6125, 6150, 6175, 6200, 6225, 6250, 6275, 6300, 6325, 6350, 6375, 6400, 6425, 6450, 6475, 6500, 6525, 6550, 6575, 6600, 6625, 6650, 6675, 6700, 6725, 6750, 6775, 6800, 6825, 6850, 6875, 6900, 6925, 6950, 6975, 7000, 7025, 7050, 7075, 7100, 7125, 7150, 7175, 7200, 7225, 7250, 7275, 7300, 7325, 7350, 7375, 7400, 7425, 7450, 7475, 7500, 7525, 7550, 7575, 7600, 7625, 7650, 7675, 7700, 7725, 7750, 7775, 7800, 7825, 7850, 7875, 7900, 7925, 7950, 7975, 8000, 8025, 8050, 8075, 8100, 8125, 8150, 8175, 8200, 8225, 8250, 8275, 8300, 8325, 8350, 8375, 8400, 8425, 8450, 8475, 8500, 8525, 8550, 8575, 8600, 8625, 8650, 8675, 8700, 8725, 8750, 8775, 8800, 8825, 8850, 8875, 8900, 8925, 8950, 8975, 9000, 9025, 9050, 9075, 9100, 9125, 9150, 9175, 9200, 9225, 9250, 9275, 9300, 9325, 9350, 9375, 9400, 9425, 9450, 9475, 9500, 9525, 9550, 9575, 9600, 9625, 9650, 9675, 9700, 9725, 9750, 9775, 9800, 9825, 9850, 9875, 9900, 9925, 9950, 9975, 10000 |
| USES | hypothyroidism |
| SIDE EFFECTS | Seizures, Angina, Tachycardia, Tremor, diarrhea, insomnia |
| WARNINGS | Not for obesity/weight loss |

Adults

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|--------------|--|
| DRUG NAME | Keppra |
| GENERIC NAME | Levetiracetam |
| DOSAGE RANGE | Tab: 250mg, 500mg, 750mg, 1000mg; Sol: 100mg per mL; Inj: 100mg/10mL, 500mg/50mL, 1000mg/100mL |
| HOW TO TAKE | Start 500mg po BID, may incr by 1000mg/day q 2 w |
| USES | Juvenile myoclonic epilepsy, Adult focal X |
| SIDE EFFECTS | Depression, hostility Aggression, acute renal failure, headache |
| WARNINGS | No black box warnings, Caution if pregnant, Avoid abrupt withdrawal |

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|--------------|---|
| DRUG NAME | PRILosec |
| GENERIC NAME | OMEPRAZOLE |
| DOSAGE RANGE | DR cap: 10-40; DR granule 2.5mg per Pkt, 10mg per Pkt |
| HOW TO TAKE | 20mg PO/NG QD for up to 4wk; Give before meals |
| USES | GERD, non erosive symptomatic or erosive symptomatic ^{esophagitis} |
| SIDE EFFECTS | Stevens-Johnson Syndrome, Pancreatitis, Nausea, diarrhea, Vomiting |
| WARNINGS | Caution if long term use, Caution if high dose use, |

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|--------------|---|
| DRUG NAME | Tenormin |
| GENERIC NAME | atenolol |
| DOSAGE RANGE | Tab: 25mg, 50mg, 100mg |
| HOW TO TAKE | 0.3-2mg/kg/dose PO qd max: 2mg/kg/day. taper dose to D/C |
| USES | supraventricular arrhythmias |
| SIDE EFFECTS | heart block, ventricular arrhythmias, bradycardia severe, vertigo |
| WARNINGS | Avoid abrupt cessation |

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|--------------|--|
| DRUG NAME | Norco |
| GENERIC NAME | hydrocodone/Acetaminophen |
| DOSAGE RANGE | Tab: 5mg/325mg, 7.5mg/325mg, 10mg/325mg |
| HOW TO TAKE | 2.5-10mg hydrocodone PO Q4-6h PRN do not exceed 19/4hrs ^{taper dose to D/C} |
| USES | Pain moderate-mod. severe |
| SIDE EFFECTS | dependency, withdrawal if abrupt D/C Abuse, seizures |
| WARNINGS | Addiction, abuse, misuse, Respiratory depression, medication error Rsk |

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|--------------|--|
| DRUG NAME | Tylenol with codeine Metrin |
| GENERIC NAME | Ibuprofen |
| DOSAGE RANGE | 200mg |
| HOW TO TAKE | 1-2 tabs/caps PO Q4-6h PRN max 6 tabs or caps/24hr. |
| USES | Pain, fever, inflammation |
| SIDE EFFECTS | Stroke, GI Ulcer, GI Bleeding, Nausea, headache, dizziness |
| WARNINGS | Caution in elderly pts, Caution if stroke, Caution if CHF |

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|--------------|--|
| DRUG NAME | Lithium |
| GENERIC NAME | Lithium |
| DOSAGE RANGE | Cap: 150mg, 300mg, 600mg Tab: 300mg ER Tab: 300mg, 450mg |
| HOW TO TAKE | 100-1200mg/dose ER PO divided bid-tid, may Dner. by 300mg/day ^{8-12mg per kg} |
| USES | bipolar disorder |
| SIDE EFFECTS | hypercalcemia, hypothyroidism, seizures, Coma, weight gain |
| WARNINGS | Lithium toxicity |