

Priscilla Hart  
County Farm

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

| <b>Mental Illness<br/>Anxiety Disorders</b>  | <b>Inhalers<br/>Allergy / Asthma</b>                                       | <b>Hyperlipidemia<br/>Statins</b>                              | <b>Diabetes<br/>Endocrine &amp; Metabolic</b>   |
|--|--|--|---|
| Abilify<br>Ativan<br>Clozaril<br>Depakote<br>Haldol<br>Invega<br>Klonopin<br>Lamictal<br>Lithium<br>Risperdal<br>Seroquel<br>Tripleptal<br>Zyprexa | Advair Discus<br>Atrovent<br>Flonase<br>Flovent<br>Loratadine<br>Proventil | Crestor<br>Lipitor<br>Zocor                                    | Apidra<br>Byetta<br>Glucophage<br>Glyburide<br>Lantus<br>Levemir<br>Levothyroxine<br>Novolog<br>Synthroid |
|  |  |  |   |
| <b>Seizures</b>  | <b>Gastrointestinal Disorder<br/>Constipation</b>                          | <b>Blood Pressure Meds</b>                                     | <b>Pain &amp; Inflammation</b>  |
| Dilantin<br>Keppra<br>Neurontin<br>Topamax   | Colace<br>Miralax<br>Prilosec<br>Protonix<br>Zantac                        | HCTZ (hydrochlorothiazide)<br>Lisinopril<br>Toprol<br>Tenormin | Flexeril<br>Motrin<br>Norco<br>Tylenol with Codeine<br>Ultram   |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 7410

DMA Code #2 8520

DMA Code #3 9532

|              |   |
|--------------|---|
| DRUG NAME    | Depakote  |
| GENERIC NAME | Divalproex Sodium   |
| DOSAGE RANGE | 125mg to 500mg  |
| HOW TO TAKE  | Swallowed whole, not crushed  |
| USES         | treats complex partial seizures, simple and complex absence seizures bipolar disorder |
| SIDE EFFECTS | drowsiness, nausea, abdominal pain, diarrhea, vomiting, low platelet count            |
| WARNINGS     | Increased risk of pancreatitis and liver failure.                                     |

|              |  |
|--------------|--|
| DRUG NAME    | Klonopin   |
| GENERIC NAME | Clonazepam   |
| DOSAGE RANGE | 0.125 to 2mg   |
| HOW TO TAKE  | Oral, take with food   |
| USES         | treats symptoms of seizures and panic disorder.  |
| SIDE EFFECTS | drowsiness, dizziness, weakness, unsteadiness, depression, headache, sleep disturbance |
| WARNINGS     | risk for abuse and addiction.  |

|              |   |
|--------------|---|
| DRUG NAME    | Risperdal   |
| GENERIC NAME | Risperidone   |
| DOSAGE RANGE | 0.25 to 2mg   |
| HOW TO TAKE  | take orally with or without food.   |
| USES         | treat schizophrenia, bipolar disorder or irritability associated with autistic disorder     |
| SIDE EFFECTS | nausea, vomiting, diarrhea, constipation, heartburn, dry mouth, increased saliva            |
| WARNINGS     | Call doctor if you have extreme thirst, frequent urination, extreme hunger, blurred vision. |

|              |   |
|--------------|---|
| DRUG NAME    | Flonase   |
| GENERIC NAME | fluticasone Propionate nasal spray  |
| DOSAGE RANGE | 50mg to 100mg   |
| HOW TO TAKE  | two sprays in each nostril once a day for the first week.                       |
| USES         | relieve symptoms of rhinitis such as sneezing and a runny, stuffy or itchy nose |
| SIDE EFFECTS | headache, back pain, sore throat, sneezing, cough, nausea, vomiting.            |
| WARNINGS     | Anaphylaxis, angioedema, urticaria  |

|              |  |
|--------------|--|
| DRUG NAME    | Crestor <del>Rosuvastatin</del>                            |
| GENERIC NAME | Rosuvastatin   |
| DOSAGE RANGE | 5mg to 40mg  |
| HOW TO TAKE  | Orally once a day with or without food.                    |
| USES         | lower cholesterol and triglycerides in blood, reduces risk |
| SIDE EFFECTS | headache weakness, muscle aches, nausea, stomach pain      |
| WARNINGS     | Risk of kidney and liver damage.                           |

|              |   |
|--------------|---|
| DRUG NAME    | Levemir   |
| GENERIC NAME | Insulin Detemir   |
| DOSAGE RANGE | all units/mg to 80-110 mg/dL                                  |
| HOW TO TAKE  | take with dinner or at bedtime, injection                     |
| USES         | treat the symptoms of Type 1 of 2 diabetes mellitus           |
| SIDE EFFECTS | low blood sugar, weight gain, swelling in your hands and feet |
| WARNINGS     | trouble breathing, fast heartbeats, swelling tongue           |

|              |   |
|--------------|---|
| DRUG NAME    | Topomax   |
| GENERIC NAME | topiramate  |
| DOSAGE RANGE | 25 mg to 400 mg   |
| HOW TO TAKE  | take with or without food, orally with a whole glass of water.            |
| USES         | Prevent seizures, also used for migraine headaches                        |
| SIDE EFFECTS | Tiredness, drowsiness, dizziness, loss of coordination, loss of appetite. |
| WARNINGS     | Risk of kidney stones, rapid breathing, loss of consciousness.            |

|              |   |
|--------------|---|
| DRUG NAME    | Miralax   |
| GENERIC NAME | Polyethylene glycol 3350  |
| DOSAGE RANGE | 17 g, diluted in 8 ounces of liquid once a day                          |
| HOW TO TAKE  | to measure dosage in cap, stir and dissolve in 4 to 8 ounce of beverage |
| USES         | treat occasional constipation, irregular bowel movements                |
| SIDE EFFECTS | Nausea, vomiting, stomach cramps, abdominal bloating.                   |
| WARNINGS     | High blood pressure, bleeding from stomach, fainting, seizures          |

|              |  |
|--------------|--|
| DRUG NAME    | Toprol   |
| GENERIC NAME | metoprolol succinate   |
| DOSAGE RANGE | 25 mg to 100 mg  |
| HOW TO TAKE  | orally, do not crush   |
| USES         | treat the symptoms of high blood pressure, heart failure, chest pain |
| SIDE EFFECTS | dizziness, depression, nightmares, diarrhea, mild itching.           |
| WARNINGS     | very slow heartbeat, fainting, blue fingers/toes, trouble breathing  |

|              |   |
|--------------|---|
| DRUG NAME    | Tylenol with codeine  |
| GENERIC NAME | acetaminophen - codeine   |
| DOSAGE RANGE | 300 mg acetaminophen 30mg codeine to 300 mg 60 mg.                  |
| HOW TO TAKE  | Exactly as prescribed by your healthcare provider, orally           |
| USES         | relieve mild to moderate pain                                       |
| SIDE EFFECTS | drowsiness, dizziness, feeling tired, nausea vomiting, constipation |
| WARNINGS     | unusual dizziness, slowed or difficult, unresponsiveness.           |