

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan ✓ Clozaril Depakote Haldol Invega Klonopin ✓ Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent ✓ Flonase Flovent ✓ Loratadine Proventil	Crestor Lipitor ✓ Zocor	Apidra Byetta Glucophage Glyburide Lantus ✓ Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra ✓ Neurontin Topamax	Colace ✓ Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol ✓ Tenormin	Flexeril Motrin Norco ✓ Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 \_\_\_\_\_

DMA Code #2 \_\_\_\_\_

DMA Code #3 \_\_\_\_\_

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	100 units per ml
HOW TO TAKE	Injection
USES	diabetes mellitus, Type 1 & 2
SIDE EFFECTS	URI, rash, headache, edema, weight gain
WARNINGS	hypoglycemia, if hypokalemia, if visual impairment

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	250 mg, 500 mg, 750 mg, 1000 mg
HOW TO TAKE	By mouth, Renal
USES	Partial Seizures, Juvenile Myoclonic epilepsy
SIDE EFFECTS	headache, fatigue, vomiting, anxiety, anorexia
WARNINGS	if pregnant, avoid abrupt withdrawal, if CrCl < 80

DRUG NAME	Colace
GENERIC NAME	docusate Sodium
DOSAGE RANGE	50-300 mg/day
HOW TO TAKE	by mouth, Renal
USES	Stool Softening
SIDE EFFECTS	diarrhea, abdominal cramps, rash, throat irritation
WARNINGS	Fecal impaction, appendicitis, GI obstruction

DRUG NAME	To Prol
GENERIC NAME	metoprolol Succinate
DOSAGE RANGE	25 mg, 50 mg, 100 mg, 200 mg
HOW TO TAKE	By mouth, Renal
USES	HTN, angina, heart failure, <del>anti</del> migraine
SIDE EFFECTS	Fatigue, dizziness, rash, nightmares
WARNINGS	Black Box Warnings

DRUG NAME	Norco
GENERIC NAME	hydrocodone
DOSAGE RANGE	5 mg / 325 mg, 7.5 mg / 325 mg, 10 mg / 325 mg
HOW TO TAKE	By mouth, Renal
USES	Pain
SIDE EFFECTS	dizziness, sedation, nausea, constipation
WARNINGS	Black Box Warning

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	0.5 mg - 4 mg
HOW TO TAKE	renal, IV, Im, by mouth
USES	Anxiety, Insomnia, Status epilepticus, Nausea
SIDE EFFECTS	Sedation, asthenia, Fatigue, urinary retention
WARNINGS	Black box Warning

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5 mg - 2 mg
HOW TO TAKE	by mouth, renal,
USES	Restless legs syndrome, Confusional arousals
SIDE EFFECTS	dizziness, fatigue, confusion, irritability
WARNINGS	Black Box Warning

DRUG NAME	Atrovent
GENERIC NAME	ipratropium bromide
DOSAGE RANGE	17 mcg
HOW TO TAKE	Inhale, <del>oral, IV</del>
USES	asthma & exacerbation
SIDE EFFECTS	Nausea, bronchitis, back pain, UTI
WARNINGS	hypersens; glaucoma, prostatic, bladder neck

DRUG NAME	Flovent
GENERIC NAME	Fluticasone propionate
DOSAGE RANGE	44 mcg, 110 mcg, 220 mcg
HOW TO TAKE	Inhale
USES	asthma, maintenance tx
SIDE EFFECTS	<del>hypersens</del> , headache, dysphonia, cough, nausea
WARNINGS	hypersens, TB infections, measles, ocular, cataracts

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10 mg, 20 mg, 30 mg, 80 mg
HOW TO TAKE	by mouth, renal
USES	hypercholesterolemia, mixed dyslipidemia
SIDE EFFECTS	myopathy, hypersens, unexplained, active hepatic
WARNINGS	URI, headache, UTI, nausea, myalgia

DRUG NAME	divaprox Sodium
GENERIC NAME	Domkote
DOSAGE RANGE	125-500mg
HOW TO TAKE	By mouth
USES	Seizures, bipolar disorders, migraines
SIDE EFFECTS	Headache, nausea, vomiting, dizziness
WARNINGS	bleeding risk, abrupt withdrawal

DRUG NAME	Olanzapine
GENERIC NAME	Zyprexa
DOSAGE RANGE	2.5-20mg Injection: 5mg per ML
HOW TO TAKE	by mouth, Injection
USES	bipolar, schizophrenia, agitation, depression
SIDE EFFECTS	weight gain, back pain, constipation, insomnia
WARNINGS	Suicide, seizure, dehydration

DRUG NAME	Fluticasone Propionate inhaled
GENERIC NAME	Flovent HFA
DOSAGE RANGE	44mcg - 220mcg
HOW TO TAKE	Inhalant
USES	Asthma
SIDE EFFECTS	headache, throat irritation, cough
WARNINGS	Active infection, glaucoma

DRUG NAME	Topiramate
GENERIC NAME	Topamax
DOSAGE RANGE	15-200mg
HOW TO TAKE	by mouth
USES	Seizures, Nightmares, Alcohol dependence
SIDE EFFECTS	bleeding, infection, taste changes, Tremors
WARNINGS	Suicidal ideation, depression, abrupt withdrawal

DRUG NAME	Paliperidone
GENERIC NAME	Invega
DOSAGE RANGE	1.5mg - 9mg
HOW TO TAKE	by mouth
USES	Schizophrenia, Schizoaffective disorder
SIDE EFFECTS	Headache, Sleep disorder, Weight gain, Abdominal Pain
WARNINGS	Cardiovascular disease, psychosis, Parkinson disease