

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1953

DMA Code #2 2725

DMA Code #3 4122

DRUG NAME	Lithium
GENERIC NAME	N/A
DOSAGE RANGE	Cap: 150mg, 300mg, 600mg; Tab: 300mg; ER Tab: 300mg, 450; Sol: 8mEq per 5ml
HOW TO TAKE	by mouth with liquids; do not crush chew or break
USES	To treat bipolar disorder / manic depression
SIDE EFFECTS	Lightheaded feeling, shortness of breath, fever, hallucinations etc...
WARNINGS	Lithium toxicity

DRUG NAME	Proventil
GENERIC NAME	Albuterol inhaled
DOSAGE RANGE	MDI: 90 mcg per actuation
HOW TO TAKE	Inhale
USES	Treats Asthma
SIDE EFFECTS	Choking, body aches, sinus pain, high blood sugar etc..
WARNINGS	Keep away from heat, avoid contact with eyes

DRUG NAME	ZOCOR
GENERIC NAME	Simvastatin
DOSAGE RANGE	Tab: 5mg, 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	oral suspension on an empty stomach
USES	Lower bad cholesterol, increase good cholesterol, lower triglycerides
SIDE EFFECTS	Cold symptoms, muscle weakness, constipation, liver problems
WARNINGS	Avoid drinking alcohol, do not take if pregnant or breast feeding

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	IN) (SoloStar V-100 pen / U100 vial) : 100 units per mL
HOW TO TAKE	Injected under the skin once per day before meals, or as directed
USES	Treats diabetes
SIDE EFFECTS	Rapid weight gain, low blood potassium, low blood sugar etc...
WARNINGS	Avoid drinking or hazardous activity until you know how the medicine might affect you.

DRUG NAME	Novolog
GENERIC NAME	Insulin aspart
DOSAGE RANGE	IN) (Penfill V100 cartridge / flex Pen U100 pen, flex Pen ReliOn V-100 vial, ReliOn V100 -
HOW TO TAKE	Injected under the skin
USES	treats diabetes
SIDE EFFECTS	Low potassium, skin rash, heart problems, swelling of the hands and feet etc.
WARNINGS	Do not use if the skin is damaged, Avoid use of alcohol

vial) 100 units per mL

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	Tab: 250mg, 500mg, 750mg, 1000mg; Sol: 100mg per mL
HOW TO TAKE	Oral; by mouth once a day; Injection; 100mg per mL
USES	Treats seizures
SIDE EFFECTS	Unusual bleeding, infection, hallucinations, fever, etc...
WARNINGS	Consult with doctor if breastfeeding. Do not crush/chew/break tablet

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	Age 2-11 50-150 mg/day, Age 12+ 50-300 mg/day
HOW TO TAKE	Taken by mouth; oral capsule
USES	Laxative
SIDE EFFECTS	Rash, diarrhea, throat irritation etc...
WARNINGS	Low risk of fetal harm, may affect milk production if breastfeeding

DRUG NAME	Tenosmin
GENERIC NAME	atenolol
DOSAGE RANGE	Tab: 25mg, 50mg, 100mg
HOW TO TAKE	Taken orally
USES	Treats angina, cardiovascular event prevention, and migraines
SIDE EFFECTS	Chest pain, depressed feeding, slow or uneven heartbeat etc...
WARNINGS	Overdoes symptoms; lack of energy, fainting, shortness of breath or slow heart rate. do not use if pregnant or breastfeeding.

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	Tab: 5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	Taken orally; measure liquid with syringe or measuring device provided
USES	Used to relieve moderate to severe pain
SIDE EFFECTS	Stomach pain, liver problems, hard time breathing, constipation etc...
WARNINGS	Taking while pregnant can be life threatening to a newborn. Do not take when using alcohol. Contact doctor if skin rash occurs.

DRUG NAME	Ultram
GENERIC NAME	tramadol
DOSAGE RANGE	N/A
HOW TO TAKE	Taken orally; do not chew, break, open, dissolve, or crush
USES	Treats moderate to severe pain
SIDE EFFECTS	Headache, itching, seizure, constipation, skin pain or rash, etc...
WARNINGS	Taking while pregnant can be life threatening to a newborn. Do not give to children under the age of 12. Do not drink alcohol.