

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2105

DMA Code #3 1982

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	TAB 0.5mg, 1mg, 2mg INS: 2mg per mL, 4mg per mL
HOW TO TAKE	2-6mg per day / PO/IM/IV divided bid-tid
USES	Anxiety, Insomnia
SIDE EFFECTS	Fatigue, confusion, amnesia, dizziness, hypotension, irritability
WARNINGS	Dependence and withdrawal, Concomitant opioid use, Abuse

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	TAB 25mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	150-750mg/day PO divided bid-tid
USES	Schizophrenia, bipolar I disorder, Anxiety
SIDE EFFECTS	Depression-related psychosis, suicidality depression, hypotension Seizure
WARNINGS	Dementia-related psychosis, Suicidality

DRUG NAME	Norco
GENERIC NAME	Hydrocodone/Acetaminophen
DOSAGE RANGE	TAB 5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	2.5mg - 10mg hydrocodone PO q4-6h PRN
USES	Pain (moderate to severe)
SIDE EFFECTS	Nausea, vomiting, constipation, drowsiness
WARNINGS	Respiratory depression, Accidental Ingestion, Hepatotoxicity

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin (oral)
DOSAGE RANGE	ER Cap: 30mg, 100mg; Chewable: 50mg Susp: 125mg per 5mL
HOW TO TAKE	Discontinued in U.S.
USES	Seizure disorder, Seizure Prophylaxis
SIDE EFFECTS	Cardiac Arrest, hypotension, Ventricular fibrillation
WARNINGS	Cardiovascular Risk

DRUG NAME	Atenolol Tenormin
GENERIC NAME	Atenolol
DOSAGE RANGE	TAB 25mg, 50mg, 100mg
HOW TO TAKE	25-100mg po qd
USES	Cardiovascular event prevention
SIDE EFFECTS	dizziness, depression, nausea, diarrhea, Vertigo
WARNINGS	Abrupt Cessation

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	TAB - 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	10-80mg po qd
USES	hypercholesterolemia, dyslipidemia
SIDE EFFECTS	myopathy, tendon rupture, Starns-Johnson Syndrome
WARNINGS	

DRUG NAME	Byetta
GENERIC NAME	Exenatide
DOSAGE RANGE	NS (pen) 5mcg per injection, 10mcg per injection
HOW TO TAKE	5-10mcg SC Bid
USES	diabetes mellitus
SIDE EFFECTS	nausea, hypoglycemia, constipation, headache
WARNINGS	

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	TAB - 0.5mg, 1mg, 2mg
HOW TO TAKE	0.5-5mg po tid
USES	Seizure disorder, panic disorder, anxiety
SIDE EFFECTS	depression, fatigue, appetite changes, rash
WARNINGS	Addiction, Abuse, Dependence, withdrawal

DRUG NAME	Synthroid
GENERIC NAME	Levothyroxine
DOSAGE RANGE	TAB - 25mg, 50mg, 75mg, 88mg, 100mg, 112mg
HOW TO TAKE	50-200mcg po qd - discontinued
USES	hypothyroidism
SIDE EFFECTS	palpitations, nervousness, weight loss, diarrhea
WARNINGS	Not for obesity / weight loss

DRUG NAME	Lithium
GENERIC NAME	Lithium
DOSAGE RANGE	CAP - 150, 300, 600mg TAB - 300mg ER-TAB 300, 450mg Sol - 8mEq
HOW TO TAKE	600-1800mg/day po divided bid + tid
USES	bipolar disorder, schizoaffective disorder
SIDE EFFECTS	tremor, blurred vision, acne, anorexia, edema
WARNINGS	Lithium Toxicity