

Mikala Keenan

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 7410

DMA Code #2 8520

DMA Code #3 9532

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	2-6 mg/day
HOW TO TAKE	by mouth / intramuscular / intravenous 2-3 times a day
USES	anxiety, insomnia, status epilepticus
SIDE EFFECTS	sedation, dizziness, asthenia, ataxia, injection site reaction
WARNINGS	avoid alcohol use, caution if pulmonary impairment

DRUG NAME	Clozaril
GENERIC NAME	Clozapine
DOSAGE RANGE	150-300 mg
HOW TO TAKE	by mouth 2 times a day
USES	Schizophrenia, suicide prevention
SIDE EFFECTS	weight gain, drowsiness, tremor, nausea, vomiting
WARNINGS	caution if smoking habit changes; caution if diabetes mellitus

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	30-60 mg/kg/day
HOW TO TAKE	by mouth 2-3 times a day
USES	partial and absence seizures, bipolar disorder, migraine
SIDE EFFECTS	headache, nausea, vomiting, asthenia, somnolence
WARNINGS	caution in elderly patients, with head injury, if bleeding risk

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5-5 mg
HOW TO TAKE	by mouth 3 times a day
USES	seizure disorder, panic disorder, anxiety, restless leg
SIDE EFFECTS	drowsiness, impaired coordination, depression, fatigue
WARNINGS	avoid abrupt withdrawal, caution if sleep apnea

DRUG NAME	Loratadine
GENERIC NAME	generic?
DOSAGE RANGE	10 mg
HOW TO TAKE	by mouth every day as needed
USES	allergies, chronic idiopathic urticaria
SIDE EFFECTS	drowsiness, fatigue, abdominal pain, headache
WARNINGS	caution if hepatic impairment

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	15-20 mg/kg
HOW TO TAKE	intravenous
USES	status epilepticus, seizure disorder, seizure prophylaxis
SIDE EFFECTS	nausea, vomiting, rash, nystagmus, ataxia, confusion
WARNINGS	caution if alcohol use, if pregnant, if elderly

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	200 mg
HOW TO TAKE	by mouth 2 times a day
USES	partial seizures, primary generalized tonic seizures
SIDE EFFECTS	metabolic acidosis, paresthesia, bone mineral density decrease
WARNINGS	alcohol use w/in 6h, if surgery, if ketogenic diet

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	12y or older : 50-300 mg/day
HOW TO TAKE	by mouth 2 times times a day as needed
USES	emollient laxative for softening stool
SIDE EFFECTS	diarrhea, abdominal cramps, throat irritation, rashes
WARNINGS	fecal impaction, mineral oil use, GI obstruction

DRUG NAME	Norco
GENERIC NAME	Hydrocodone / Acetaminophen
DOSAGE RANGE	2.5-10 mg
HOW TO TAKE	by mouth every 4-6 hours as needed
USES	moderate to moderate-severe pain
SIDE EFFECTS	lightheadedness, dizziness, sedation, nausea
WARNINGS	caution if sleep apnea, circulatory shock, if asthma

DRUG NAME	Atorvastatin Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10-80 mg
HOW TO TAKE	by mouth every day
USES	hypercholesterolemia, mixed dyslipidemia
SIDE EFFECTS	UTI, headache, arthralgia, diarrhea, VTI, myalgia
WARNINGS	caution if 65y or older, caution if stroke w/in 6 months