

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ] See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan ✓ Clozaril ✓ Depakote Haldol Invega Klonopin ✓ Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase ✓ Flovent ✓ Loratadine Proventil	Crestor Lipitor ✓ Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine ✓ Novolog Synthroid ✓
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin ✓ Keppra Neurontin Topamax	Colace Miralax ✓ Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✓ Toprol Tenormin	Flexeril Motrin Norco ✓ Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 7410

DMA Code #2 8520

DMA Code #3 9532

DRUG NAME	NORCO
GENERIC NAME	HYDROCODONE BITARTRATE
DOSE RANGE	5MG - 325MG
HOW TO TAKE	ORAL TABLET
USES	TREAT PAIN
SIDE EFFECTS	LIGHT HEADNESS, NAUSEA, TENDRNESS
WARNINGS	HEPATO TOXICITY

DRUG NAME	LISINAPRIL
GENERIC NAME	ZESTRALIS, LISINAPRIL
DOSE RANGE	10MG/12.5MG, 20MG/12.5MG, 30MG/12.5MG
HOW TO TAKE	ORAL TABLET
USES	HIGH BLOOD PRESSURE
SIDE EFFECTS	LOW BLOOD PRESSURE, LOSS OF APPETITE
WARNINGS	PREGNANCY, KEEP OUT OF REACH OF CHILDREN

DRUG NAME	MIGALAX
GENERIC NAME	POLYETHYLENE GLYCOL 3350
DOSE RANGE	17G (CAP FILLED TO LINE)
HOW TO TAKE	ORALLY LIQUID
USES	CONSTIPATION, IRRITATIVE
SIDE EFFECTS	RECTAL BLEEDING, STOMACH PAIN
WARNINGS	ALLERGY ALERT

DRUG NAME	DILTANID
GENERIC NAME	PHENYTOIN
DOSE RANGE	100MG - 300MG
HOW TO TAKE	BY MOUTH 3-3 CAPSULES DAILY
USES	SEIZURES
SIDE EFFECTS	SOBE THROAT, DIZZINESS
WARNINGS	CARDIOVASCULAR RISK

DRUG NAME	SYNTHROID
GENERIC NAME	LEVOTHYRONINE SODIUM
DOSE RANGE	25 - 300 MCG
HOW TO TAKE	ORALLY BY TABLET
USES	THYROID
SIDE EFFECTS	FEVER, HEADACHE, NAUSEA, INSOMNIA
WARNINGS	RAPID HEARTBEAT, CHEST PAIN

DRUG NAME	CLOZARIL
GENERIC NAME	CLOZAPINE
DOSAGE RANGE	25 MG - 100MG
HOW TO TAKE	ORALLY TABLET
USES	SCHIZOPHRENIA
SIDE EFFECTS	hypotension, fever, headache, nausea
WARNINGS	SEIZURES, NEUTROPENIA, BRADYCARDIA

DRUG NAME	KLONOPIN
GENERIC NAME	CLONAZEPAM
DOSAGE RANGE	ORALLY TABLET : 0.12 - 2MG.
HOW TO TAKE	ORALLY TABLET
USES	PANIC ATTACKS, SEIZURES
SIDE EFFECTS	DROWSINESS, SEDATION, DIZZINESS
WARNINGS	Suicidal thoughts, shallow breathing

DRUG NAME	FLONASE
GENERIC NAME	FLUTICASONE PROPIONATE NASAL SPRAY
DOSAGE RANGE	1-2 SPRAYS
HOW TO TAKE	SHORT BURST INTO NOSE
USES	NASAL CONGESTION, ALLERGIES
SIDE EFFECTS	NOSEBLEEDS, NAUSEA, VOMITING
WARNINGS	GLAUCOMA, CATARACTS, DIABETES

DRUG NAME	LIPITOR
GENERIC NAME	ATORVASTATIN
DOSAGE RANGE	10MG, 20MG, 40MG, 80MG
HOW TO TAKE	ORAL TABLET
USES	LOWER BAD CHOLESTEROL (LDL)
SIDE EFFECTS	INSOMNIA, MUSCLE SPASM, NAUSEA
WARNINGS	MUSCLE BREAKDOWN, KIDNEY DAMAGE

DRUG NAME	LEVOTHYROXINE
GENERIC NAME	LEVOTHYROXINE
DOSAGE RANGE	25 MCG - 300 MCG
HOW TO TAKE	TABLET, INJECTION
USES	HYPOTHYROIDISM OR HYPER THYROID
SIDE EFFECTS	JOINT PAIN, INSOMNIA,
WARNINGS	THYROID HORMONES, OBESITY

