

Melissa Gomez

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2865

DMA Code #3 8649

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|--------------|--|
| DRUG NAME | Invega |
| GENERIC NAME | paliperidone |
| DOSAGE RANGE | ER tablets 1.5mg, 3mg, 6mg, 9mg |
| HOW TO TAKE | swallow tablet whole; do not crush, take w/ or w/o food. |
| USES | treatment of schizophrenia in ages 17 and up. |
| SIDE EFFECTS | drowsiness, anxiety, muscle stiffness, weight gain |
| WARNINGS | dementia related psychosis, do not use if allergy to risperidone |

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|--------------|---|
| DRUG NAME | Klonopin |
| GENERIC NAME | Clonazepam |
| DOSAGE RANGE | tablet 0.5mg, 1mg, 2mg |
| HOW TO TAKE | swallow tablet whole, with a full glass of water, |
| USES | treat seizure disorders, panic disorders |
| SIDE EFFECTS | dizziness, fatigue, memory problems, coordination |
| WARNINGS | addiction, dependence and withdraw reactions |

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|--------------|---|
| DRUG NAME | Flexeril Zantac |
| GENERIC NAME | cyclobenzaprine famotidine |
| DOSAGE RANGE | 1 tab PO qd-BID max 2 tabs 10mg - 20mg |
| HOW TO TAKE | 1 tab by mouth, give 10-60 mins before meals |
| USES | preventing and relieving heartburn |
| SIDE EFFECTS | headache, dizziness, constipation, vitamin B12 |
| WARNINGS | use caution if renal impaired. deficiency |

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|--------------|--|
| DRUG NAME | Dilantin |
| GENERIC NAME | phenytoin |
| DOSAGE RANGE | ER cap 30mg, 100mg; chew 50mg; susp 125mg pr |
| HOW TO TAKE | swallow ER tablet once per day; do not crush. 5ml |
| USES | anti convulsant used to control seizures |
| SIDE EFFECTS | drowsiness, confusion, slurred speech |
| WARNINGS | Do not take if also taking rescriptor, avoid alcohol |

| | |
|--------------|---|
| DRUG NAME | Zocor |
| GENERIC NAME | Simvastatin |
| DOSAGE RANGE | tab 5mg, 10mg, 20mg, 40mg, 80mg |
| HOW TO TAKE | take in the evening, do not take on an empty |
| USES | lower bad cholesterol, lower risk of stroke stomach |
| SIDE EFFECTS | headache, nausea, cold symptoms |
| WARNINGS | should not take if pregnant or breastfeeding. |

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|--------------|--|
| DRUG NAME | Abilify |
| GENERIC NAME | aripiprazole |
| DOSAGE RANGE | 2mg - 30mg |
| HOW TO TAKE | follow all directions on your Rx label and medication guides. |
| USES | antipsychotic med, Tourettes, mood stabilizer for Bipolar disorder |
| SIDE EFFECTS | blurred vision, increased saliva, muscle stiffness, weight gain |
| WARNINGS | dementia related psychosis, suicidality |

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|--------------|--|
| DRUG NAME | Ativan |
| GENERIC NAME | Lorazepam |
| DOSAGE RANGE | 0.5mg - 2mg tab, 2mg per ml - 4mg per ml inject. |
| HOW TO TAKE | follow directions on prescription label. Liquid use (measure ^{with supplied} device, mix w/ H ₂ O) |
| USES | treating anxiety |
| SIDE EFFECTS | dizziness, drowsiness, weakness, feeling unsteady. |
| WARNINGS | concomitant opiod use, addiction, abuse, dependence reactions |

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|--------------|---|
| DRUG NAME | Clozaril |
| GENERIC NAME | clozapine |
| DOSAGE RANGE | 25mg and 100mg |
| HOW TO TAKE | liquid (shake for 10 secs before measure) ^{oral disintegrating} place in mouth and let dissolve. |
| USES | treatment of schizophrenia or similar disorders, ^{reduce risk of} suicidal behavior |
| SIDE EFFECTS | lowered immune system, weight gain, dizziness, tachycardia, nausea |
| WARNINGS | severe neutropenia, ortho hypotension, bradycardia, syncope, seizures |

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|--------------|--|
| DRUG NAME | Depakote |
| GENERIC NAME | divaloproex sodium |
| DOSAGE RANGE | 125mg, 250mg, 500mg. |
| HOW TO TAKE | drink plenty of water, swallow whole, do not crush. |
| USES | Capsules: treat seizures in people at least 10yrs old: tablets: ^{adult} migraines |
| SIDE EFFECTS | nausea, headaches, dizziness, memory problems, ^{bipolar disorder} changes in appetite |
| WARNINGS | hepatotoxicity, fetal risk, pancreatitis. |

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|--------------|--------------------|
| DRUG NAME | Haldol |
| GENERIC NAME | haloperidol |
| DOSAGE RANGE | brand discontinued |
| HOW TO TAKE | brand discontinued |
| USES | brand discontinued |
| SIDE EFFECTS | brand discontinued |
| WARNINGS | brand discontinued |