

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Nerco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg - 30mg
HOW TO TAKE	Swallow the tablet whole, do not crush, chew, or break it.
USES	To treat schizophrenia in adults + children at least 13 years old.
SIDE EFFECTS	Blurred vision, muscle stiffness, nausea, vomiting, + sleep problems
WARNINGS	Avoid alcohol while taking + avoid getting up too fast.

DRUG NAME	Flonase Allergy relief
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	20mg 50mcg / spray
HOW TO TAKE	Spray once to twice in each nostril ^{depending} on prescription.
USES	Relief from allergies
SIDE EFFECTS	Headache, nasal irritation, nasal burning, abdominal pain, + dizziness.
WARNINGS	Caution if TB infection, Caution if glaucoma, Caution if cataracts.

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg, 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	Take on an empty stomach + take ^{shake} the dose for 20 seconds before measuring.
USES	To increase levels of good cholesterol in the blood
SIDE EFFECTS	URI, headache, abdominal pain, constipation, nausea, vomiting, + eczema.
WARNINGS	Avoid use during pregnancy, or if you have active liver disease.

DRUG NAME	Byetta
GENERIC NAME	Exenatide
DOSAGE RANGE	5mcg or 10mcg
HOW TO TAKE	Injection
USES	To control blood sugar levels
SIDE EFFECTS	Nausea, vomiting, diarrhea, hypoglycemia, constipation, headache, + dyspepsia.
WARNINGS	No pregnancy or breastfeeding while taking. Avoid kidney disease.

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg, 25mg, Sprinkle cap TAB: 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	Sprinkle cap or TAB
USES	To prevent seizures + headaches in adults + children at least 6 years old.
SIDE EFFECTS	URI, Fever, tremor, infection, bleeding, anxiety, + anorexia.
WARNINGS	May cause vision problems

DRUG NAME	Zantac
GENERIC NAME	Famotidine
DOSAGE RANGE	10mg
HOW TO TAKE	Oral tablet
USES	Preventing + Relieving heartburn
SIDE EFFECTS	Taste changes, diarrhea, dizziness, headache, + Constipation
WARNINGS	Caution if renal impairment

DRUG NAME	Toprol-XL
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	ER TAB: 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	Oral Tablet
USES	To treat Chest pain + hypertension.
SIDE EFFECTS	Fatigue, rash, depression, nightmares, sleep problems, + dyspnea.
WARNINGS	Caution if PVD, major surgery, bronchospastic dz

DRUG NAME	Motrin
GENERIC NAME	ibuprofen
DOSAGE RANGE	200mg
HOW TO TAKE	Oral tablet/capsule
USES	Reducing Pain / inflammation
SIDE EFFECTS	Nausea, vomiting, diarrhea, abdominal pain, rash, drowsiness, + headache
WARNINGS	Avoid during pregnancy

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	TAB: 5mg/325mg, 7.5mg/325mg / 10mg , + 10mg/325mg
HOW TO TAKE	Oral tablet
USES	Relieve moderate to severe pain
SIDE EFFECTS	lightheadedness, dizziness, sedation, nausea, + rash
WARNINGS	Don't take with alcohol + take only as prescribed.

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	TAB: 250mg, 500mg, 750mg, 1000mg; SOL: 100mg per mL; INJ: Various
HOW TO TAKE	Tablet, injection, or solution
USES	To treat certain types of seizures
SIDE EFFECTS	headache, infection, dizziness, vertigo, anxiety, + pain
WARNINGS	Don't miss appointments after starting this med.