

Hannah Moran

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1953

DMA Code #2 2725

DMA Code #3 4122

DRUG NAME	Toprol
GENERIC NAME	Metoprolol
DOSAGE RANGE	25 - 200 mg.
HOW TO TAKE	By mouth; whole do not chew, break, or crush
USES	Treats high blood pressure and heart failure
SIDE EFFECTS	Tired feeling, mild itchy, memory loss, dizziness
WARNINGS	Get medical attention if you miss a dose. Stop taking and call a doctor if you have a slow heart beat, or feeling of passing out.

DRUG NAME	Zantac
GENERIC NAME	Famotidine
DOSAGE RANGE	10 - 20 mg.
HOW TO TAKE	By mouth with food
USES	Heart burn relief
SIDE EFFECTS	Vitamin B12 deficiency (long term), taste changes
WARNINGS	Do not take more than prescribed

DRUG NAME	Flovent
GENERIC NAME	Fluticasone Inhalation
DOSAGE RANGE	1 puff, 100 mcg. Max - 1000 mcg. / day
HOW TO TAKE	By mouth; inhale with deep breath
USES	Prevents asthma attacks
SIDE EFFECTS	Cold symptoms, low fever, headache, upset stomach
WARNINGS	Do not take more than one dose at a time. Get medical attention if your having an allergic reaction

DRUG NAME	Keppra
GENERIC NAME	Levetiracetam
DOSAGE RANGE	250 - 1000 mg.
HOW TO TAKE	By mouth one time daily
USES	Treats certain seizures in people with epilepsy
SIDE EFFECTS	Loss of appetite, fever, chills, weakness, lightheadedness
WARNINGS	Call a doctor if you have any side effects. Do not take more than one dose.

DRUG NAME	Lipitor
GENERIC NAME	Hypercholesterolemia
DOSAGE RANGE	10 - 80 mg.
HOW TO TAKE	By mouth with food
USES	Helps with low cholesterol
SIDE EFFECTS	Joint pain, stuffy nose, soar throat, diarrhea
WARNINGS	Call a doctor if you have hip pain and or neck, shoulder or back pain. Trouble swallowing liver or kidney

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200 - 400 mg.
HOW TO TAKE	By mouth as needed
USES	Helps with minor aches and pains. Helps reduce fever
SIDE EFFECTS	Upset stomach, nausea, head ache, dizziness
WARNINGS	Only take every 4-6 hours. If side effects persist call a doctor.

DRUG NAME	Norco
GENERIC NAME	Acetaminophen / Hydrocodone
DOSAGE RANGE	5, 7.5, 10 mg.
HOW TO TAKE	By mouth, with food. As needed
USES	Relieve severe pain
SIDE EFFECTS	Tired feeling, low energy, stomach pain, dizziness
WARNINGS	Stop taking and call a doctor if your having slow breathing, low cortisol levels, and liver issues

DRUG NAME	Clonopin Clonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	.5, 1, 2, 3 mg.
HOW TO TAKE	By mouth, allow it to dissolve in your mouth
USES	Prevent and control seizures
SIDE EFFECTS	Low energy, slurred speech, loss of muscle coordination
WARNINGS	Stopping this medication abruptly can result in withdrawal symptoms.

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	15 - 30 mg.
HOW TO TAKE	By mouth with food once a day
USES	muscle relaxant
SIDE EFFECTS	Dry mouth, stomach ache, head ache
WARNINGS	Call a doctor if your having irregular heartbeat, chest pains, or numbness / weakness

DRUG NAME	Colace
GENERIC NAME	Docosate sodium
DOSAGE RANGE	50 - 300 mg. / day
HOW TO TAKE	By mouth mainly at bed time with 8oz of water
USES	Relieves occasional constipation
SIDE EFFECTS	Rash, soar throat, bitter taste, or abdominal cramps
WARNINGS	Avoid mineral oil