

Cameron LaPorte

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozani Depakote Haldol Invega Klönopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 5612

DMA Code #2 7834

DMA Code #3 9000

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	(SoloStar U-100 Pen) 100 units per mL (U-100 vial): 100 units per mL
HOW TO TAKE	injections
USES	diabetes mellitus Type 1, renal dosing, hepatic dosing
SIDE EFFECTS	rash, URI, weight gain, headache, hypoglycemia
WARNINGS	IV administration, Caution if hyp hypokalemia

DRUG NAME	Miralax
GENERIC NAME	Polyethylene glycol 3350
DOSAGE RANGE	1 capful or PKT Po qd PRN max 1 capful or PKT/day
HOW TO TAKE	oral
USES	Osmotic laxative for relieving constipation
SIDE EFFECTS	Nausea, cramping, diarrhea, abdominal distension
WARNINGS	hypersens. to drug/class/compon, Caution in elderly pts

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	Brand discontinued in US
HOW TO TAKE	Brand discontinued in US
USES	Brand discontinued in US
SIDE EFFECTS	Brand discontinued in US
WARNINGS	Brand discontinued in US

DRUG NAME	MOTRIN
GENERIC NAME	ibuprofen
DOSAGE RANGE	2 caps Po qd; max 2 caps/24h
HOW TO TAKE	oral
USES	NSAID for reducing pain/inflammation, fever
SIDE EFFECTS	GI bleeding, GI perforation, GI ulcer, MI, stroke
WARNINGS	aspirin triad, CrCl <30, advanced renal dz

DRUG NAME	Norco
GENERIC NAME	hydrocodone/acetaminophen
DOSAGE RANGE	5mg/325mg → 10mg/325mg
HOW TO TAKE	oral
USES	Pain, moderate-mod. severe
SIDE EFFECTS	central sleep apnea, CNS depression, hepatotoxicity
WARNINGS	paralytic ileus, circulatory shock

DRUG NAME	Advair Discus
GENERIC NAME	Wixela Inhub
DOSAGE RANGE	100 mcg — 500 mcg
HOW TO TAKE	oral - Puffs
USES	Asthma, COPD
SIDE EFFECTS	Pneumonia, Cardiac arrest
WARNINGS	Avoid abrupt withdraw, Caution if Seizure Disorder

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	.5 mg - 2 mg
HOW TO TAKE	oral - injections
USES	Anxiety, Insomnia
SIDE EFFECTS	fatigue, dizziness, Confusion
WARNINGS	Avoid alcohol, avoid abrupt withdraw

DRUG NAME	Depakote
GENERIC NAME	divalproex sodium
DOSAGE RANGE	125mg - 500mg
HOW TO TAKE	oral
USES	Partial seizures, bipolar disorder, migraine headache
SIDE EFFECTS	hepatotoxicity, pancre Pancreatitis, SIADH
WARNINGS	hepatic dz, caution in ptes < 2 yo, caution if head injury

DRUG NAME	Klonopin
GENERIC NAME	clonazepam
DOSAGE RANGE	0.5 mg — 2 mg
HOW TO TAKE	oral
USES	Seizure disorder, panic disorder, Anxiety
SIDE EFFECTS	Suicidality, seizures, syncope, Tachycardia
WARNINGS	caution Caution if sleep apnea, Caution if Porphyria

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate Nasal
DOSAGE RANGE	2 Actuations in each nostril bid, max 4 Actuations in each nostril
HOW TO TAKE	inhale in nostril
USES	Corticosteroid for relieving allergic rhinitis symptoms
SIDE EFFECTS	headaches, epistaxis, Nausea, Vomiting, Cough
WARNINGS	Caution if cataracts, Caution if TB infection