

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2105

DMA Code #3 1982

DRUG NAME	Clozaril
GENERIC NAME	Clozapine
DOSAGE RANGE	Tab: 25mg, 100mg (start 12.5mg) increments 25mg, 50mg
HOW TO TAKE	by mouth (orally)
USES	Treat schizophrenia, lower risk of suicidal behavior
SIDE EFFECTS	Weight gain, drowsiness, nausea, fever, confusion
WARNINGS	dizziness, lightheadedness, fainting when stand up

DRUG NAME	Loratadine
GENERIC NAME	Antihistamine
DOSAGE RANGE	10mg or 5mg 2x day
HOW TO TAKE	by mouth (orally)
USES	allergy symptoms & hives
SIDE EFFECTS	headache, feeling tired, drowsy, stomach pain
WARNINGS	dry mouth, nosebleed, sore throat, mouth sores

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg, 20mg,
HOW TO TAKE	by mouth (orally)
USES	high cholesterol & triglycerides levels
SIDE EFFECTS	cold-like symptoms, joint pain, Diarrhea
WARNINGS	diarrhea, upset stomach, muscle & joint pain

DRUG NAME	Glucophage
GENERIC NAME	Metformin
DOSAGE RANGE	Start 500 mg - maintenance 850-2550mg - Max 2550mg
HOW TO TAKE	by mouth (orally)
USES	Anti-diabetic medication
SIDE EFFECTS	headache, muscle pain, weakness, nausea
WARNINGS	Nausea, vomiting, stomach upset, diarrhea

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5mg every 8hrs. may increase to 7.5-10mg
HOW TO TAKE	by mouth (orally)
USES	Treat muscle spasms
SIDE EFFECTS	dry mouth or throat, headache, blurred vision
WARNINGS	fast or irregular heartbeat, chest pain or pressure balance problems, slurred speech

DRUG NAME	Toprol
GENERIC NAME	Metoprolol
DOSAGE RANGE	25 - 100 mg
HOW TO TAKE	by mouth (orally)
USES	treat high blood pressure, chest pain, & heart failure
SIDE EFFECTS	dizziness, tired feeling, depression, confusion
WARNINGS	may worsen the symptoms of heart failure,

DRUG NAME	Prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	20mg - 40mg
HOW TO TAKE	by mouth (orally)
USES	treat heartburn, damaged esophagus, stomach ulcers, (GERD)
SIDE EFFECTS	headache, stomach pain, nausea
WARNINGS	kidney injury, damage or failure, Vitamin B-12 deficiency low magnesium levels

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	300 - 600 mg 3x day max - 2400 - 3600 mg a day
HOW TO TAKE	by mouth (orally)
USES	treats seizures & pain caused by shingles
SIDE EFFECTS	Feeling sleepy, nausea, mood changes, Dry mouth
WARNINGS	trouble breathing, trouble swallowing, Swelling of your /hands, face, mouth

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.125mg - 2mg
HOW TO TAKE	by mouth (orally)
USES	treat/prevent & control seizures
SIDE EFFECTS	drowsiness, dizziness, weakness, depression
WARNINGS	new or worsening seizures, severe drowsiness, confusion

DRUG NAME	Synthroid
GENERIC NAME	Levothyroxine
DOSAGE RANGE	25 mcg - 300 mcg
HOW TO TAKE	by mouth (orally)
USES	treat an underactive thyroid gland
SIDE EFFECTS	weight gain or loss, headache, vomiting, diarrhea
WARNINGS	changes in appetite, fever, sensitivity to heat