

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2-15 mg / daily
HOW TO TAKE	Orally with / without food.
USES	Manic / mixed episodes, bi-polar, depression
SIDE EFFECTS	Dizziness, drowsiness, nausea, vomiting, headache ect.
WARNINGS	Tremors, fainting, muscle spasms, shaking

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal spray
DOSAGE RANGE	1-2 sprays in each nostril
HOW TO TAKE	in nostrils 1-2 sprays
USES	Relieves sneezing, runny nose, itchy nose + eyes
SIDE EFFECTS	Headache, back pain, nausea, vomiting
WARNINGS	Nosebleeds, redness, sores, fever, chills

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10-20 mg / daily (once)
HOW TO TAKE	Orally with / without food
USES	Lower bad cholesterol and fat
SIDE EFFECTS	nausea, UTI, joint pain, Diarrhea
WARNINGS	Liver problems and kidney failure

DRUG NAME	Nuvlaq
GENERIC NAME	no generic name
DOSAGE RANGE	Depends on sliding scale
HOW TO TAKE	Subcutaneous (Injectable)
USES	helps lower blood sugar spikes, control B.S
SIDE EFFECTS	low potassium in blood, Rash, itching, weight gain
WARNINGS	Possible heart failure, Allergic Reaction

DRUG NAME	Norco
GENERIC NAME	Acetaminophen & hydrocodone.
DOSAGE RANGE	1-2 capsules every 4-6 hrs
HOW TO TAKE	Orally
USES	Relieve moderate to severe pain
SIDE EFFECTS	nausea, vomiting, constipation, dizziness
WARNINGS	Adrenal gland problems, fainting

(Melissa Schmall)

DRUG NAME	Prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	20-40 mg / once, twice or three times a day
HOW TO TAKE	orally
USES	Acid reflux, ulcers, heartburn.
SIDE EFFECTS	Headache, nausea, vomiting, flat, stomach pain
WARNINGS	trouble/pain swallowing, chest/shoulder pain ect.

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	25 to 50 mg / day
HOW TO TAKE	Orally
USES	Bi-polar, manic depression, seizures
SIDE EFFECTS	Tiredness, weight loss, bad taste in mouth ect.
WARNINGS	Blurred vision, eye redness, drowsiness, burning sensation.

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	25-50 mg 2 times two/three times a day
HOW TO TAKE	Orally
USES	Schizophrenia, bi-polar mood stabilizer ect.
SIDE EFFECTS	Constipation, dizziness, weakness ect.
WARNINGS	Weight gain, blurred vision, tiredness, lighthead

DRUG NAME	Colace
GENERIC NAME	Docusate
DOSAGE RANGE	50-300 mg divided in 1 to 4 doses daily
HOW TO TAKE	Orally
USES	Occasional constipation
SIDE EFFECTS	Drain, cramping, diarrhea, weakness
WARNINGS	Irritated throat, cramping, stomach pain

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200-400 mg / 4-6 hrs
HOW TO TAKE	Orally
USES	Fever, pain
SIDE EFFECTS	Upset stomach, nausea, vomiting, headache
WARNINGS	Vision changes, skin rash, cough up blood