

Learner's Name: Jayne Glara

Hand Washing - 20 seconds - Happy Bolay 2x

Blood Pressure - policy + take 2 if out of range

Normal Blood Pressure Range: 120/80

-  $\frac{160}{90}$  = call Nurse

Pulse

Normal Pulse Range: 60-80 for Resting

$\frac{90}{50}$  ↓ = call Nurse  
50 ↓ call medical  
120 ↑ " "

Respirations

Normal Respiration Range: 15 x 4 = 60 3 x 4 = 12 respirations

12 ↓ call medical  
24 ↑ call medical

Temperature

Normal Temperature Range: every morning + email before 9 AM

if someone is in distress, call 911 first

Weight

96.0° - 99.0°

Measurement of Girth - JCAHO requirement

Oxygen Saturation (Only to be completed per physician or nurse order)

Wong Baker Chart & FLACC Scale - how the Residents who are non-verbal communicate

Insulin Administration - another employee needs to verify

SubQ Injections - into your fat.

Accu-Chek (Glucometer Testing)

Glucometer Use and Cleaning

Transfers (on an as-needed basis):

- Hoyer Lift
- Gait Belt
- Wheelchair Transfers

Feeding Tube

Foley Catheter Care

Colostomy

> none of them have it

[Signature]

Nurse

Jayne Glara

Learner

3-1-22

Date

3/1/22

Date

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.