

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1014

DMA Code #2 0628

DMA Code #3 0923

DRUG NAME	Concerta / Ritalin
GENERIC NAME	Methylphenidate
DOSAGE RANGE	for ER 10-20mg BID or 18-72mg 1 day
HOW TO TAKE	by mouth
USES	ADHD, narcolepsy
SIDE EFFECTS	Nervousness, insomnia, anorexia, abdominal pain, nausea
WARNINGS	Black box - abuse + dependence

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	2-6mg BID; Max 10mg 1 day
HOW TO TAKE	by mouth; IM injection; IV
USES	anxiety; insomnia
SIDE EFFECTS	Sedation, dizziness, drowsiness, confusion
WARNINGS	Black box - addiction, abuse, + misuse

DRUG NAME	Risperdal
GENERIC NAME	risperidone
DOSAGE RANGE	1-4mg Bid - Bid; max 16mg/day
HOW TO TAKE	by mouth
USES	irritability - autistic disorder related, Schizophrenia
SIDE EFFECTS	appetite increase, fatigue, rhinitis, nausea, cough, gynecomastia
WARNINGS	Black box - Not approved for dementia related psychosis

DRUG NAME	Trileptal
GENERIC NAME	oxcarbazepine
DOSAGE RANGE	300-600mg/day
HOW TO TAKE	by mouth
USES	Partial Seizures
SIDE EFFECTS	Hyponatremia, dizziness, headache, nausea, fatigue
WARNINGS	avoid abrupt withdrawal

DRUG NAME	Zyprexa
GENERIC NAME	olanzapine
DOSAGE RANGE	5-20mg/day; Max 20mg 1 day
HOW TO TAKE	by mouth
USES	depression, bipolar disorder, agitation
SIDE EFFECTS	weight gain, drowsiness, appetite increase, headache
WARNINGS	black box - Not approved for dementia related psychosis

DRUG NAME	Claritin
GENERIC NAME	loratadine
DOSAGE RANGE	10mg 1 day as needed
HOW TO TAKE	by mouth
USES	allergy symptoms, Chronic Idiopathic urticaria
SIDE EFFECTS	drowsiness, headache, dry mucous membranes, diarrhea
WARNINGS	Caution if hepatic impairment

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	50-200mg 1 day; Max 300 mcg 1 day
HOW TO TAKE	by mouth
USES	Hypothyroidism
SIDE EFFECTS	palpitations, appetite increase, tachycardia, Nervousness
WARNINGS	Black box - Not for Obesity/weight loss

DRUG NAME	Prozac
GENERIC NAME	fluoxetine
DOSAGE RANGE	20-80mg 1 day; Max 80mg 1 day
HOW TO TAKE	by mouth
USES	depression, OCD, bipolar disorder, Panic disorder
SIDE EFFECTS	depression exacerbation, insomnia, nausea, headache
WARNINGS	Black box: may increase suicide risk in teens/young adult

DRUG NAME	Catapres
GENERIC NAME	clonidine
DOSAGE RANGE	0.1-0.4mg BID; Max 2.4mg 1 day
HOW TO TAKE	by mouth
USES	Hypertension, ADHD
SIDE EFFECTS	headache, hypotension, drowsiness, abdominal pain
WARNINGS	Monitor blood pressure

DRUG NAME	Klonopin
GENERIC NAME	clonazepam
DOSAGE RANGE	0.25-0.5mg TID; Max 4mg 1 day
HOW TO TAKE	by mouth
USES	Seizure disorder, Panic disorder, Anxiety
SIDE EFFECTS	drowsiness, dizziness, fatigue, confusion, depression
WARNINGS	black box - addiction, abuse, + misuse