



BEACON
Specialized Living

Medication

Administration In-Service and Evaluation

Name of Facility/Home:

Anchor Pointe

Employee receiving In-Service:

Jada Erickson

Date of 1st In-Service: 12 / 16 / 21 Time: 1 : 0 0 am pm L&D:

J. McDaniel

Type text here

Date of 2nd In-Service: 12 / 22 / 21 Time: 10:10 am pm Medical:

J. McDaniel

Date of 3rd In-Service: 12 / 28 / 21 Time: 8 am pm DMA TTT:

Judy McDaniel

Date of 4th In-Service: 1 / 04 / 22 Time: 6:00 am / pm DMA TTT: J. McDaniel

Date of 5th In-Service: 1 / 07 / 22 Time: 8:00 am / pm DMA TTT: J. McDaniel

Date of 6th In-Service: 2 / 22 / 22 Time: 10:00 am / pm HM:

J. McDaniel

Date of Final Evaluation: 2 / 23 / 22 Time: 6:00 am / pm DMA TTT:

J. McDaniel

All staff must complete DMA class, Medical class, Homework and DMA Test in LMS along with In-Services and Final Evaluation for certification.

Code #1 _____ Code #2 _____ Code #3 _____

In-Service #	1st	2nd	3rd	4th	5th	6th	Eval.	Comments
1. MEDICATION AREA- a. Location of ample supplies before administration.	✓	✓	✓	✓	✓	✓	✓	
b. Report medication that is 10 days or less. Check expiration dates on all medication (special attention to epi-pen, prn medication not commonly used). If a medication is not available contact management and medical to obtain medication or further direction. This	✓	✓	✓	✓	✓	✓	✓	



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	1	2	3	4	5	6	
must also be reported to recipient rights as medication error verbally and then followed up with an event report	✓	✓	✓	✓	✓	✓	✓
d. Location of all medication: Internal, External, Refrigerated, Controlled Substances, PRN's. Medications are separated. Location of: High Alert Board, Sharp's container. Medication posting binder, Prescription Book, Medication Book.	✓	✓	✓	✓	✓	✓	✓
c. Area is clean, organized, and locked.	✓	✓	✓	✓	✓	✓	✓
2 DMA washes hands before administering medications and between each Resident when a sink is in the medication room. If not, wash hands before and between each 3 rd person, always sanitizing between each. Sanitizing and wearing gloves is never a substitute for handwashing. Masks should be worn at all times when out of the medication room when required	✓	✓	✓	✓	✓	✓	✓
3 Medication keys are retained by DMA. When completing DMA change complete appropriate documentation. This is to be completed at shift change and the staff must attest that all medications and event reports written, when applicable	✓	✓	✓	✓	✓	✓	✓
4 A resident is identified per facility policy and procedure before administering meds. At least 2 patient identifiers per Joint Commission National Patient Safety Goals.	✓	✓	✓	✓	✓	✓	✓
5 All medications require a prescription including lotions, creams, powders, and OTC medication.	✓	✓	✓	✓	✓	✓	✓
6 Vital signs are taken per facility policy before administering medications (if applicable), always on cardiac and BP medications	✓	✓	✓	✓	✓	✓	✓
a. If Pulse and BP are required, hands and equipment are washed per facility policy	✓	✓	✓	✓	✓	✓	✓
b. Follow vital range guidelines unless otherwise specified with a written prescription by the prescribing physician.	✓	✓	✓	✓	✓	✓	✓
7 c. Beacon vital sign ranges are as follows: Temperature 96-99, Pulse 50-100, Respirations 12-20, Low blood pressure 90/50 or below, High blood pressure 160/90 or higher	✓	✓	✓	✓	✓	✓	✓
8 Medications Administration per facility policy and procedure: to include a review of the '6 Rights'. Right, Resident, Right Route/Method, Right Medication, Right Time/Date, Right Dose, Right Documentation. Medication administration should not be interrupted, do NOT rush.	✓	✓	✓	✓	✓	✓	✓
a. Medications are properly removed from container/blister pack and (.) dot is placed in the appropriate box on MAR. If on EMAR a check (☑) is placed in the appropriate box.	✓	✓	✓	✓	✓	✓	✓



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	b. Liquid medication is poured at eye level on a flat surface, with palm covering label of the stock bottle	✓	✓	✓	✓	✓	✓	✓	✓
	c. DMA verifies medication and strength with an order as transcribed on medication record per facility policy and procedure. Note: Strength and dose are not always the same.	✓	✓	✓	✓	✓	✓	✓	✓
	d. Observe Resident to ensure medication is swallowed. If (ODT) disintegrating medication is given, place in a separate cup and ensure medication dissolves.	✓	✓	✓	✓	✓	✓	✓	✓
	e. Offer adequate and appropriate fluid with medication, full glass of water unless otherwise ordered. Note: Any fluid restrictions, special instructions (nectar thick, etc.), or potential adverse fluid interactions (grapefruit juice)	✓	✓	✓	✓	✓	✓	✓	✓
	f. DMA should initial the medication the first time they use it at the top of the bubble pack. Initial and date in back.	✓	✓	✓	✓	✓	✓	✓	✓
	g. Medication record is signed immediately after administration of same. Add initials to box on MAR and complete back page or on EMAR choose Pass selected. Choose exceptions if needed and document. Check for any blanks on MAR or EMAR and utilize a Late med pass or proper documentation. Any exception requires a misc. note to be completed. This should be completed at every shift change	✓	✓	✓	✓	✓	✓	✓	✓
	h. Controlled substance record is signed immediately after administration of same. The controlled count is done at DMA change and when administering medication.	✓	✓	✓	✓	✓	✓	✓	✓
	i. Verify no additional MAR pages have been added, check the high alert board and shift change agenda.	✓	✓	✓	✓	✓	✓	✓	✓
	j. Infection control technique is reviewed. Handwashing and Universal Precautions.	✓	✓	✓	✓	✓	✓	✓	✓
9	Medication via gastric tube administered per facility policy and procedure. If applicable Medical will provide hands-on education, support, and training. •Resident is properly positioned, at a 45° sitting angle •Tube is checked for placement and patency •Tube is flushed before between and after medications are administered	✓	✓	✓	✓	✓	✓	✓	✓
10	Injections are administered by the Resident if there is a physician and psychiatrist order present, or DMA, per facility policy and procedure	✓	✓	✓	✓	✓	✓	✓	✓
	a. Syringes and needles are disposed of in a sharps container, by the person giving the injection (should be the resident, unless otherwise ordered by PCP) without recapping. Sharp's container must be dated 90 days out for expiration once you begin using.	✓	✓	✓	✓	✓	✓	✓	✓
	b. Proper glucometer testing is observed. Determination of competence re: accurately perform and read glucometer testing results. Still must remain with resident and verify accurate information and document.	✓	✓	✓	✓	✓	✓	✓	✓

FOR BEN!

Jada
ERICKSON

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Abilify abilify
GENERIC NAME	aripiprazole aripiprazole
DOSAGE RANGE	2-30 mg
HOW TO TAKE	with or without food orally taken or injected
USES	treat schizophrenia, bipolar, manic/mixed and
SIDE EFFECTS	dizziness, drowsiness, ^{major depressive} blurred vision trouble sleeping
WARNINGS	not approved for dementia and increased suicidal risk

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin Calcium
DOSAGE RANGE	10 to 80 mg
HOW TO TAKE	orally with or without food swallow
USES	lower bad cholesterol and raise good
SIDE EFFECTS	muscle pain or burning when urinating yellowing of skin/eyes loss of appetite
WARNINGS	Liver and muscle problem warning increase in blood sugar

DRUG NAME	Flonase
GENERIC NAME	fluticasone propionate nasal spray
DOSAGE RANGE	2 sprays in each nostril per day
HOW TO TAKE	nasal spray
USES	allergic rhinitis
SIDE EFFECTS	evere or ongoing nose bleed noisy breathing from nose
WARNINGS	It can weaken your immune system

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	3 mg 3 x day
HOW TO TAKE	taken orally
USES	muscle relaxer
SIDE EFFECTS	drowsiness, dry mouth fatigue and headache
WARNINGS	may cause agitation

DRUG NAME	Miralax
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	17 grams in 8 fluid ounces of water
HOW TO TAKE	taken orally
USES	constipation
SIDE EFFECTS	diarrhea, gas, nausea stomach pain bloating
WARNINGS	caution for allergic to polyethylene glycol

DRUG NAME	PriLOSEC
GENERIC NAME	Omeprazole
DOSAGE RANGE	20 mg x day for 4 to 8 wks
HOW TO TAKE	Orally
USES	Treat stomach and esophagus problems
SIDE EFFECTS	headache nausea vomiting dizziness constipation
WARNINGS	kidney damage vitamin B12 deficiency

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	300 to 600 mg 3 x day
HOW TO TAKE	Orally with or without food
USES	manage epileptic seizures and relieve pain
SIDE EFFECTS	drowsiness blurred double vision loss of coordination
WARNINGS	serious breathing difficulties

DRUG NAME	NORCO
GENERIC NAME	hydrocodone/acetaminophen
DOSAGE RANGE	10/325 mg
HOW TO TAKE	1 tablet every 4 to 6 hrs ^{Taken orally}
USES	relieve severe pain
SIDE EFFECTS	nausea vomiting dizziness drowsiness
WARNINGS	may cause hypotension and syncope

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	400 to 800 mg x day
HOW TO TAKE	without food or a light meal
USES	Treat mental/mood disorders
SIDE EFFECTS	Constipation drowsiness weight gain
WARNINGS	If side effects persists to contact DR.

DRUG NAME	Proventil
GENERIC NAME	albuterol sulfate
DOSAGE RANGE	.63 mg to 1.25 mg via Nebulizer 3 to 4 x day
HOW TO TAKE	2-3 inhalations every 4 to 6 hrs
USES	To prevent wheezing and shortness of breath
SIDE EFFECTS	nervousness, shaking, headache changes in taste
WARNINGS	If side effects worsen or persists to contact DR.