

LaToya Jackson

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 11422

DMA Code #2 1844

DMA Code #3 2066

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	100 mg 3X daily - max 200 mg 3X daily
HOW TO TAKE	take this orally with a full 8oz glass of water
USES	to prevent and control seizures
SIDE EFFECTS	headaches, feeling drowsy, unsteady shaky, constipation
WARNINGS	It causes sugars to rise, weakening of the bones

DRUG NAME	Colace
GENERIC NAME	Docusate sodium
DOSAGE RANGE	50-300 mg daily divided in 7 to 4 doses each day
HOW TO TAKE	take this oral
USES	it is a stool softener
SIDE EFFECTS	difficult breathing, swelling of your face, lips, throat
WARNINGS	You should not use Colace if you have a blockage in your intestine

DRUG NAME	Lisiniprol
GENERIC NAME	prinivil
DOSAGE RANGE	10mg - 80mg orally once a day
HOW TO TAKE	Oral
USES	it is used to treat high blood pressure
SIDE EFFECTS	headaches, dizziness, persistent cough
WARNINGS	Do not use if your pregnant

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5mg - 30 mg
HOW TO TAKE	Oral
USES	it is used as a muscle relaxant
SIDE EFFECTS	drowsiness, tiredness, dry mouth, upset stomach
WARNINGS	it may cause dizziness or drowsy

DRUG NAME	Serogue
GENERIC NAME	Quetiapine
DOSAGE RANGE	400-800 mg a day not to exceed 800 mg
HOW TO TAKE	Oral
USES	its used to treat mental health disorders and depression
SIDE EFFECTS	constipation, upset stomach, weight gain, dry mouth
WARNINGS	You should not take it while breast feeding

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	2-6 mg day daily dose may vary from 1-10 mg/day
HOW TO TAKE	oral
USES	it is used to manage anxiety
SIDE EFFECTS	drooping eye lids, trouble swallowing, vision changes
WARNINGS	Ativan can slow or stop your breathing

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	50 mg - 750 mg
HOW TO TAKE	oral
USES	its used to treat manic episodes
SIDE EFFECTS	nausea, headache, vomiting, Dizziness, Diarrhea
WARNINGS	Can cause inflammation of the pancreas, liver damage

DRUG NAME	Loratadine
GENERIC NAME	Claritin
DOSAGE RANGE	10 mg once daily maximum recommended
HOW TO TAKE	Oral / liquid
USES	it is used to treat allergy symptoms
SIDE EFFECTS	uneven heart rate, severe headache, uneven heart rate
WARNINGS	Claritin should not be used in children younger than 6

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10 mg - (80 mg) maximum dose once a day
HOW TO TAKE	oral
USES	it is used to lower cholesterol & prevent heart disease
SIDE EFFECTS	nose bleeds, sore throat, aches and pains, headaches
WARNINGS	

DRUG NAME	Zocor ZOCOR
GENERIC NAME	Simvastatin
DOSAGE RANGE	5 mg - 80 mg
HOW TO TAKE	oral
USES	it is used to lower bad cholesterol and fats
SIDE EFFECTS	headache, stomach pain, constipation, nausea
WARNINGS	may cause jaundice, allergic reactions