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Coswell 3rd Shift

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2105

DMA Code #3 1982

DRUG NAME	Miralax
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	217-420kg 217-720kg
HOW TO TAKE	Oral
USES	Osmotic laxative for relieving constipation
SIDE EFFECTS	Nausea abdominal distension Cramping
WARNINGS	hypersens to drug/class/compon

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil Abrelis Zestril lisinopril
DOSAGE RANGE	Tab 2.5mg 5mg 10mg 20mg 30mg 40mg
HOW TO TAKE	Take at the same time every day with or without food Drink w/water
USES	used alone or together to treat high blood pressure
SIDE EFFECTS	Cough dizziness headache excessive tiredness nausea
WARNINGS	rarely cause liver problems

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5mg 7.5mg 10mg
HOW TO TAKE	Take by mouth with or without food 3x a day
USES	treat muscle spasms
SIDE EFFECTS	Dry mouth or throat headache blurred vision
WARNINGS	fast or irregular heart beat Chest pain

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	25mg 50mg 100mg 200mg 300mg 400mg
HOW TO TAKE	take without food or light meal
USES	used to treat certain mental/mood conditions
SIDE EFFECTS	constipation drowsiness upset stomach tiredness
WARNINGS	Dementia-Related Psychosis Suicidality

DRUG NAME	Crestor
GENERIC NAME	rosuvastatin
DOSAGE RANGE	5mg 10mg 20mg 40mg
HOW TO TAKE	One time each day
USES	help lower bad cholesterol & fats
SIDE EFFECTS	Headache muscle ache abdominal pain
WARNINGS	risk of kidney & liver damage

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5mg 1mg 2mg
HOW TO TAKE	One to three times a day
USES	to prevent & control seizures
SIDE EFFECTS	drowsiness dizziness weakness depression
WARNINGS	risk abuse and addiction

DRUG NAME	Proventil
GENERIC NAME	Albuterol inhaled
DOSAGE RANGE	90 mcg per actuation
HOW TO TAKE	Place mouth piece into mouth push canister Breathe in 10 sec
USES	used to treat wheezing shortness of breath
SIDE EFFECTS	Nervousness shaking headache
WARNINGS	Chest pain irregular heart beat rapid breathing

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg 20mg 40mg 80mg
HOW TO TAKE	Swallow tab
USES	help lower bad cholesterol & fats
SIDE EFFECTS	Cold like symptoms joint pain Diarrhea
WARNINGS	liver & muscle problems

DRUG NAME	Levemir
GENERIC NAME	Insulin detemir
DOSAGE RANGE	INJ 100 units per mL INJ-vial 100 units per mL
HOW TO TAKE	take with dinner or at bed time
USES	used with diet & exercise to control high blood sugar for diabetes
SIDE EFFECTS	fluid retention weight gain low potassium
WARNINGS	severe hypoglycemia allergic reaction

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg 25mg sprinkle cap/Tab 75mg 50mg 100mg 200mg
HOW TO TAKE	Sprinkle amount on soft food or Swallow tab with water
USES	for bipolar disorder, seizures
SIDE EFFECTS	Tiredness drowsiness dizziness
WARNINGS	Kidney disease or stones Liver problems Glaucoma