

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	swallow whole / do not crush, chew or break / measure liquid w/ quing device
USES	treat schizophrenia
SIDE EFFECTS	allergic reactions, cold symptoms, weight gain, blurred vision
WARNINGS	Dementia-Related Psychosis / Suicidality

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	5mg / 325mg, 7.5mg / 325mg, 10mg / 325mg
HOW TO TAKE	use dosage syringe provided / oral tab
USES	Relieve severe pain
SIDE EFFECTS	addiction / abuse / misuse, dizziness, nausea, constipation
WARNINGS	addiction / abuse / misuse

DRUG NAME	Miralax
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	<17yo, <20kg: 0.2-0.8g/kg/dose PO qd / 17yo & older: heftful
HOW TO TAKE	oral powder / dissolve in 4-8oz fluids
USES	laxative / bowel prep
SIDE EFFECTS	laxative dependence
WARNINGS	nausea, cramping, diarrhea, caution in elderly pts / hypersens to drug class / const

DRUG NAME	Zyprexa
GENERIC NAME	olanzapine
DOSAGE RANGE	2.5mg, 5mg, 7.5mg, 10mg, 20mg IV: 5mg per mL
HOW TO TAKE	injected into the muscle / oral tabs
USES	bipolar, agitation, schizophrenia
SIDE EFFECTS	seizure, trouble walking, nervous or shaky, weakness
WARNINGS	not approved for dementia-related psychosis

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	tab 250mg, 500mg, 750mg, 1000mg SOL 100mg per mL IV/variable
HOW TO TAKE	oral / injection
USES	seizures
SIDE EFFECTS	fever, chills, easy bruising, infection, skin rash
WARNINGS	may cause change in behavior / do not use more than recommended

DRUG NAME	Motrin
GENERIC NAME	ibuprofen
DOSAGE RANGE	1-2 tabs/caps PO q 4-6h pm Max 6 tabs or caps/24h
HOW TO TAKE	oral tablet/capsule
USES	NSAID for reducing/pain/inflammation, fever
SIDE EFFECTS	upset stomach, headache, vomiting
WARNINGS	bloody or tarry stools, coughing up blood

DRUG NAME	Tenormin
GENERIC NAME	atenolol
DOSAGE RANGE	tab 25mg 50mg 100mg
HOW TO TAKE	Follow directions on prescribed label
USES	beta-blocker that affects the heart's circulation, treat hypertension
SIDE EFFECTS	slow or uneven heartbeats, shortness of breath, tired, dizziness
WARNINGS	avoid abrupt cessation

DRUG NAME	Proventil
GENERIC NAME	albuterol inhaled
DOSAGE RANGE	90mcg
HOW TO TAKE	orally/inhale
USES	breathing treatment
SIDE EFFECTS	painful urination, dizziness, upset stomach
WARNINGS	Dont use if allergic

DRUG NAME	Tylenol with Codeine
GENERIC NAME	acetaminophen/codeine
DOSAGE RANGE	tab 300mg/30mg 500mg/15mg 300mg/60m 120mg/12mg per 5ml
HOW TO TAKE	tab or capsule by mouth
USES	For pain/cough
SIDE EFFECTS	nausea, vomiting, constipation
WARNINGS	Addiction, Accidental Ingestion

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	bb 0.5mg, 1mg, 2mg INJ 2mg per mL 4mg per mL
HOW TO TAKE	capsule
USES	anxiety
SIDE EFFECTS	drowsiness/dizziness/weakness
WARNINGS	addiction/abuse/risk of dependence