

Marquese Brown  
Washburn

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium - Risperdal - Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor -	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin - Topamax	Colace Miralax - Prilosec Protonix Zantac -	HCTZ (hydorchlorothiazide) Lisinopril Toprol - Tenormin	Flexeril Motrin - Norco - Tylenol with Codeine - Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2105

DMA Code #3 1982

DRUG NAME	Lithium
GENERIC NAME	Lithium Carbonate
DOSAGE RANGE	1800mg/day
HOW TO TAKE	Swallow tablets with a drink.
USES	Treat mood disorders.
SIDE EFFECTS	Sick, Diarrhoea, Dry mouth and metallic taste.
WARNINGS	Unsafe when taken during pregnancy.

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	0.25mg - 4mg
HOW TO TAKE	taken by mouth
USES	Treat schizophrenia, bipolar disorder.
SIDE EFFECTS	Nausea, Heartburn, Constipation, Vomiting.
WARNINGS	Fever, faintness, Confusion, falling, fast pulse

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	10mg - 40mg
HOW TO TAKE	taken by mouth
USES	Lower cholesterol and fats
SIDE EFFECTS	Nausea, Stomach pain, Constipation
WARNINGS	Loss of appetite, tiredness, Itching.

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	1800mg - 2400mg
HOW TO TAKE	taken by mouth
USES	Maintain certain epileptic seizures
SIDE EFFECTS	Drowsiness, Dizziness, Blurred vision
WARNINGS	serious breathing difficulties may occur.

DRUG NAME	Miralax
GENERIC NAME	Laxative
DOSAGE RANGE	Measure by cap.
HOW TO TAKE	Taken by mouth
USES	to treat occasional constipation.
SIDE EFFECTS	Sleep disorder, Irritation of the rectum.
WARNINGS	Bloating, Gas, Upset Stomach.

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	4mg - 8mg every 12hr
HOW TO TAKE	taken by mouth
USES	To prevent heartburn
SIDE EFFECTS	Irregular heartbeat, Dark urine.
WARNINGS	Severe stomach pain, Dark urine.

DRUG NAME	Toprol
GENERIC NAME	Metoprolol
DOSAGE RANGE	100mg/day
HOW TO TAKE	taken by mouth
USES	To treat high blood pressure.
SIDE EFFECTS	Dizziness, Tiredness, Slow heartbeat.
WARNINGS	Heart failure.

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	Tablet every 4 to 6 hours
HOW TO TAKE	taken by mouth
USES	Treat fever and mild to severe pain
SIDE EFFECTS	Gas or bloating, Diarrhea, Constipation.
WARNINGS	Severe Stomach pain.

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	1 or 2 capsules every 4 to 6 hours.
HOW TO TAKE	taken by mouth
USES	To treat pain
SIDE EFFECTS	Dizziness, Drowsiness, Feeling tired.
WARNINGS	Abuse and addiction

DRUG NAME	Iylenol with Codeine
GENERIC NAME	Codeine
DOSAGE RANGE	10ml 3 or 4 times per day.
HOW TO TAKE	taken by mouth
USES	Treat pain and cough
SIDE EFFECTS	Slow heart rate or weak pulse
WARNINGS	Abuse and addiction