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# DMA TRAINING

## LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Atrivan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1422

DMA Code #2 1844

DMA Code #3 2066

DRUG NAME	Novolog
GENERIC NAME	<del>Novolog</del> Insulin aspart
DOSAGE RANGE	100 units/mL
HOW TO TAKE	Insulin aspart is injected under the skin or infusion into a vein.
USES	Hyperkalemia
SIDE EFFECTS	low blood sugar, weight gain, low potassium, swelling in your hands and feet skin, itching, redness, or swelling
WARNINGS	you should not use insulin aspart if you are allergic to it, or if you are having an episode of hypoglycemia.

DRUG NAME	Miralax
GENERIC NAME	Polyethylene glycol
DOSAGE RANGE	4-8 ounces / 120-240 milliliters of water with 1 packet
HOW TO TAKE	take by mouth usually once daily or as directed by doctor
USES	This medication is used to treat occasional constipation
SIDE EFFECTS	nausea, abdominal cramping, or gas may occur
WARNINGS	caution is advised when using this drug in elderly sensitive to side effects

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril
DOSAGE RANGE	10mg - 80mg orally once a day
HOW TO TAKE	take this medication by mouth, with or without food as directed by your doctor usually once daily
USES	Lisinopril is used to treat high blood pressure
SIDE EFFECTS	Dizziness, light-headedness, tiredness, or headache may occur as your body adjusts to the medication.
WARNINGS	Lisinopril may rarely cause serious liver problems.

DRUG NAME	Mortrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1 dose, 2 tablets or capsules may be used
HOW TO TAKE	use mortrin exactly as directed on the label or as prescribed by your doctor.
USES	Mortrin is used to reduce fever and treat pain or inflammation caused by many conditions such as headache, toothache, back pain.
SIDE EFFECTS	hives, difficult breathing, swelling in your face or throat or severe skin reaction.
WARNINGS	Mortrin can increase your risk of fatal heart attack or stroke.

DRUG NAME	Norco
GENERIC NAME	hydrocodone - Acetaminophen
DOSAGE RANGE	1 to 2 capsules every 4 to 6 hours as needed
HOW TO TAKE	take this medication by mouth as directed by your doctor.
USES	This medication is used to relieve moderate to severe pain.
SIDE EFFECTS	nausea, vomiting, constipation, light-headedness, dizziness or drowsiness
WARNINGS	has a risk for abuse and addiction, which can lead to overdose and death.

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	0.5 mg - 4 mg
HOW TO TAKE	take this medication by mouth with or without food as directed by a doctor.
USES	This medication is used to treat anxiety.
SIDE EFFECTS	⊙ Drowsiness, dizziness, loss of coordination, headache, nausea
WARNINGS	lorazepam has a risk for abuse and addiction, which can lead to overdose and death.

DRUG NAME	Haldol
GENERIC NAME	Haloperidol
DOSAGE RANGE	0.25 / 0.125
HOW TO TAKE	take this medication by mouth with or without food as directed by your doctor.
USES	(schizophrenia, schizoaffective disorders) Haloperidol is used to treat certain mental/mood disorders
SIDE EFFECTS	dizziness, light headedness, drowsiness, difficulty urinating, sleep disturbance, headache, and anxiety may occur.
WARNINGS	There may be a slightly increased risk of serious, possibly fatal side effects.

DRUG NAME	Flonase
GENERIC NAME	fluticasone
DOSAGE RANGE	The dosage is based on your age, medical condition, and response to treatment.
HOW TO TAKE	use this medication in the nose as directed by your doctor or the package usually once or twice a day.
USES	Fluticasone is used to relieve seasonal and year-around allergies
SIDE EFFECTS	Nasal dryness/irritation, nausea or vomiting may occur.
WARNINGS	cough, difficulty speaking, respiratory tract infection

DRUG NAME	proventil
GENERIC NAME	albuterol
DOSAGE RANGE	
HOW TO TAKE	Inhale this medication by mouth as directed by your doctor
USES	Albuterol is used to prevent and treat wheezing and short of breath
SIDE EFFECTS	vertigo, shakiness, headache mouth/throat dryness or irritation
WARNINGS	cough, difficulty speaking, respiratory tract infection

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	the dosage is based on your medical condition response to treatment.
HOW TO TAKE	take this medication by mouth with or without food as direct by Dr.
USES	atorvastatin is used along with proper diet to help lower bad cholesterol and fats and raises good cholesterol.
SIDE EFFECTS	nausea, vomiting, eye, skin, dark urine, severe stomach pain
WARNINGS	You should not take lipitor if you are pregnant or breast feeding