

Shirley Farr

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1936

DMA Code #2 2105

DMA Code #3 1982

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DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	25mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	Start 25mg PO bid, then incr. by 50-150mg up to 300-400mg/day ^{PO divided bid tid day 4.}
USES	major depressive disorders, or other psychiatric disorders.
SIDE EFFECTS	Suicidality, Depression exacerbation, Seizures
WARNINGS	Black Box warning - not approved for dementia-related psychosis.

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	250mg, 500mg, 750mg, 1000mg; ^{SD: 100mg per mile, 1mg; Various}
HOW TO TAKE	Start 500mg PO/IV q12h, increase by 1000mg/day q2wk Max 3000mg/day ^{do not crush, chew tabs; taper down gradually to dc}
USES	Seizure disorders
SIDE EFFECTS	depression, psychosis Headache, BP increase, Vomiting, fatigue
WARNINGS	Headache, BP incr. (pts < 4 yo) Vomiting, infection, fatigue,

DRUG NAME	Prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	20mg PO/IV qd x 4wk-8wk, give before meals, may open cap
HOW TO TAKE	Give before meals, may open cap
USES	Gerd, H. pylori infection, hepatic dosing, too
SIDE EFFECTS	Headaches, abdominal pain, Nausea, Vomiting, diarrhea,
WARNINGS	Kidney damage or failure, Bone fracture of the hip, wrist or spine, vitamin b deficiency.

DRUG NAME	lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg, 20mg, 40mg, 80mg
HOW TO TAKE	take medication at the same time each day, ^{with or without food.}
USES	Hypercholesterolemia, mixed dyslipidemia, hypertriglyceridemia
SIDE EFFECTS	Nausea, URI, Headache, gynecomastia, Cognitive impairment ^{type IV}
WARNINGS	Get emergency medical help if you have signs of an allergic reaction: hives, difficulty breathing, swelling of face, lips, tongue or throat

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	100 units/ml (Novolog, Fiasp) type 1 > type 2 < 10 units/day ^{amul. upper arm 5-10 min before}
HOW TO TAKE	Subcutaneous injection (abdominal region, buttock, thigh, ^{upper arm 5-10 min before})
USES	type 2 diabetes, type 1 mellitus, Metabolic syndrome
SIDE EFFECTS	low Potassium in Blood, itching, rash, body (whole) reaction. ^{swelling}
WARNINGS	diarrhea, Nausea, headache

Shereen Farr

DRUG NAME	Loratadine
GENERIC NAME	Claritin
DOSAGE RANGE	10mg, ODT, 10mg sol, 1mg per ml
HOW TO TAKE	As directed on label, or as prescribed by your doctor.
USES	allergy, chronic idiopathic urticaria
SIDE EFFECTS	drowsiness, fatigue, abdominal pain, Headache, diarrhea
WARNINGS	rash, swelling of eyes, face, lips, tongue, throat, hands, arms feet, ankles, lower legs

DRUG NAME	Norco
GENERIC NAME	Opioid Combos
DOSAGE RANGE	tab: 5mg / 325mg, 7.5 / 325mg, 10mg / 325mg
HOW TO TAKE	2.5-10mg PO q4-6h prn.
USES	Pain, moderate-mod, severe
SIDE EFFECTS	lightheadedness, dizziness, drowsiness, nausea, vomiting
WARNINGS	Black Box Warning/respiratory depression, central sleep apnea

DRUG NAME	Colace
GENERIC NAME	docusate sodium
DOSAGE RANGE	50-300mg/day PO divided qd-Bid PRN
HOW TO TAKE	medicate by mouth @ bedtime. 8 ounces of water
USES	emollient laxative for softening stool
SIDE EFFECTS	diarrhea, abdominal cramps, throat irritation, rash, electrolyte ^{disorder}
WARNINGS	hives, difficult breathing, swellings of face, lips, tongue, throat, uterine bleeding, no bowel movement after 72 hours

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	tab 0.5mg, 1mg, 2mg, inj. 2mg per ml, 4mg per ml
HOW TO TAKE	2-4 mg PO qhs prn (insomnia)
USES	anxiety, insomnia short term, Status epilepticus
SIDE EFFECTS	Respiratory failure, seizures, apnea, abuse, suicidality,
WARNINGS	Black Box

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	tab. 0.5mg, 1mg, 2mg
HOW TO TAKE	0.5-5mg PO tid
USES	Seizure disorder, panic disorder, Anxiety, restless leg ^{Syndrome}
SIDE EFFECTS	Drowsiness, impaired coordination, depression, fatigue
WARNINGS	Black Box, Addiction abuse & misuse, dependence withdrawal reactions