

Shana

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 3210

DMA Code #2 7654

DMA Code #3 1014

DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	can can be taken with or without food
USES	for schizophrenia
SIDE EFFECTS	severe agitation, distress or restless feeling
WARNINGS	increased mood changes can occur

DRUG NAME	Flonase
GENERIC NAME	N/A OTC
DOSAGE RANGE	50 mg / 1 spray
HOW TO TAKE	nasal spray
USES	for allergies
SIDE EFFECTS	nasal ulcer, cough, dizziness
WARNINGS	allergic reaction can occur

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10 mg, 20 mg, 40 mg, 80 mg
HOW TO TAKE	take medicine same time each day
USES	for high blood pressure
SIDE EFFECTS	joint pain, stuffy nose, sore throat
WARNINGS	Call dr right away if you get a headache loss of appetite, stomach pain. Could be symptoms of liver damage

DRUG NAME	Zantac
GENERIC NAME	not available this is OTC medicine
DOSAGE RANGE	15 ml or tablet 75mg capsule 150 mg
HOW TO TAKE	as needed
USES	for acid reflux
SIDE EFFECTS	headache, dizziness, constipation
WARNINGS	Do not use if you are allergic to famotidine

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200mg, 500mg, 800mg
HOW TO TAKE	as needed for pain or swelling
USES	for moderate pain
SIDE EFFECTS	nausea, constipation, headache
WARNINGS	Stomach bleeding warning

DRUG NAME	Norco
GENERIC NAME	acetaminophen and hydrocodone
DOSAGE RANGE	5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	oral tablet
USES	pain
SIDE EFFECTS	dizziness, drowsiness, feeling tired
WARNINGS	Can slow or stop your breathing

DRUG NAME	Apidra
GENERIC NAME	insulin
DOSAGE RANGE	100 units per mL
HOW TO TAKE	use a syringe
USES	for diabetes
SIDE EFFECTS	hypoglycemia, anaphylaxis
WARNINGS	do not use if allergic to insulin or have low blood sugar

DRUG NAME	Prilosec
GENERIC NAME	omeprazole
DOSAGE RANGE	10mg, 20mg, 40mg
HOW TO TAKE	give with meal
USES	to treat symptoms of gastroesophageal reflux disease
SIDE EFFECTS	Severe stomach pain, kidney problem
WARNINGS	may cause you to develop stomach growths

DRUG NAME	Topamax
GENERIC NAME	topa topiramate
DOSAGE RANGE	15mg, 25mg; 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	Drink plenty of water
USES	to prevent seizures
SIDE EFFECTS	allergic reaction, severe skin reaction, dizziness
WARNINGS	may cause increase in body temperature

DRUG NAME	Toprol
GENERIC NAME	metoprolol
DOSAGE RANGE	25mg 50mg 100mg 200mg
HOW TO TAKE	should be taken with a meal
USES	used to treat chest pains
SIDE EFFECTS	very slow heartbeat, dizziness, tired feeling
WARNINGS	avoid abruptly discontinuing medication