

Quenten Holliday

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ✓ Ativan ✓ Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus ✓ Atrovent ✓ Flonase Flovent Loratadine Proventil	Crestor ✓ Lipitor ✓ Zocor	Apidra ✓ Byetta ✓ Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin ✓ Keppra ✓ Neurontin Topamax	Colace ✓ Miralax ✓ Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1151

DMA Code #2 1855

DMA Code #3 9532

DRUG NAME	Lipitor
GENERIC NAME	Lipitor Atorvastatin
DOSAGE RANGE	10-80 mg daily
HOW TO TAKE	With water
USES	help lower bad cholesterol and fats raise good cholesterol
SIDE EFFECTS	Diarrhea, pain, Dyspepsia
WARNINGS	Don't use if pregnant, don't drink/ eat grapefruit

DRUG NAME	Apidra
GENERIC NAME	Apidra
DOSAGE RANGE	0.05 units/mL to 1 unit/mL
HOW TO TAKE	inject within 15 min of meal or 30 min after
USES	improve blood sugar
SIDE EFFECTS	Low blood sugar, weight gain, rash
WARNINGS	Discard after 28 days. Refrigerate

DRUG NAME	Byleta, Incretin, mimetic
GENERIC NAME	Byleta
DOSAGE RANGE	5mcg
HOW TO TAKE	Rotate under the skin sides of injections
USES	dropped diet and exercise, control high blood sugar
SIDE EFFECTS	Dyspepsia, constipation, nausea
WARNINGS	inject before both morning and afternoon meals

DRUG NAME	Dilantin, Anticonvulsant, Antiepileptic
GENERIC NAME	Dilantin
DOSAGE RANGE	One 100-mg Dilantin Phenytoin Sodium Capsule by mouth
HOW TO TAKE	by mouth
USES	prevent and control seizures
SIDE EFFECTS	acute confusion, excitement, CNS toxicity
WARNINGS	men cause drowsiness, do not chew or crush before swallowing

DRUG NAME	Keppra, Levetiracetam
GENERIC NAME	Keppra
DOSAGE RANGE	daily >80, mild 50-80, moderate, 30-50
HOW TO TAKE	taken by mouth
USES	used to treat seizures
SIDE EFFECTS	infection, meningitis, fatigue
WARNINGS	can cause drowsiness, Rash

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	
HOW TO TAKE	injection
USES	short term treatment of agitation (mental/mood)
SIDE EFFECTS	light head, Anxiety
WARNINGS	Dizziness, Constipation, Agitation

DRUG NAME	Atilan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5 mg to 1mg
HOW TO TAKE	by mouth
USES	treats anxiety
SIDE EFFECTS	Sedation, Drowsy, Ataxia
WARNINGS	not recommended during pregnancy

DRUG NAME	Advair Diskus
GENERIC NAME	Advair Diskus
DOSAGE RANGE	250/50
HOW TO TAKE	Inhalation twice daily
USES	control and prevent wheezing and shortness of breath
SIDE EFFECTS	Sedation, Drowsy, Ataxia, white patches on tongue
WARNINGS	trouble sleeping, Rinse mouth thoroughly

DRUG NAME	Atrovent
GENERIC NAME	ipratropium Bromide
DOSAGE RANGE	3-4 times
HOW TO TAKE	Spray
USES	treat runny nose
SIDE EFFECTS	dry nose, headache disorder
WARNINGS	may make you dizzy

DRUG NAME	Crestor
GENERIC NAME	ipratropium Bromide Rosuvastatin
DOSAGE RANGE	
HOW TO TAKE	by mouth
USES	help lower bad cholesterol and fats
SIDE EFFECTS	nausea, myalgia, general weakness
WARNINGS	avoid getting pregnant, take the same time every day a+